

# Occupational Therapists: Reducing Problematic, Challenging Behaviors to Increase Student Success



A Unique One-Day Live Online Seminar

## **Tara Warwick, OTD, MS, OTR/L**

**Outstanding Occupational Therapist and International Speaker**

**Specifically Designed for Occupational Therapists, Therapy Assistants  
and Education Teams Working with Students in Preschool-Grade 12**

---

**Practical, evidence-based strategies** to reduce challenging behaviors and increase student participation in classroom activities

---

**Proven techniques** to use with any student to not only reduce problematic behavior but to also teach effective and efficient replacement skills

---

**Tools to guide consulting** with team members as well as how to have difficult conversations around challenging behaviors

---

**Tools and resources to better understand problematic behavior**, make data-based decisions and recommendations, and for collaborating and working as a team

---

**AOTA CEUs AVAILABLE AT ALL LOCATIONS**

### **LIVE ONLINE SEMINARS**

**December 15**

**9 AM Central**, 8 AM Mountain,  
7 AM Pacific, 10 AM Eastern

**January 5**

**9 AM Eastern**, 8 AM Central,  
7 AM Mountain, 6 AM Pacific

AOTA CEUs, CEUs and Graduate  
Credit Available  
See page 6 for details

#### **CAN'T ATTEND?**

Order the recorded version  
and take the seminar online at  
your convenience (see page 6)

# Ten Key Benefits of Attending

*'Very informative.'*

—CORINNA PORTER, COTA



## Who Should Attend

Specifically Designed for Occupational Therapists, Therapy Assistants and Education Teams Working with Students in Preschool-Grade 12

- 1. Increase the Value of Your Role as an Occupational Therapist in Reducing Challenging Behavior and Increasing Student Participation**  
Strategies for reducing challenging behaviors you can use and share with teachers ... Empower everyone!
- 2. Improve Your Ability to Make Data-Based Decisions Regarding Problematic Behaviors**  
Learn strategies for collecting data and analyzing data on problematic behavior
- 3. Discover a More Effective Process for Determining the “Why” or Function Behind Problematic Behavior**  
Move from seeing “what” the behavior is to the “why” behind the behavior ... Learn how to interpret the data to determine a possible hypothesis and create a more effective intervention plan
- 4. Utilize Resources to Increase Effectiveness and Efficiency When Program Planning for Challenging Behavior**  
Save time and money by using readily available resources ... Learn about resources that make data collection and program planning more effective and more efficient
- 5. Understand the Process for Performing a Behavior Assessment and Creating a Behavior Plan to Reduce Problematic Behavior**  
Learn the steps needed for conducting better behavior assessments and plans that add more value to your teams’ efforts to reduce problematic behaviors
- 6. Identify Effective Strategies for Teaching Replacement Skills**  
Discover how replacement skills that are just as efficient and effective at getting your students’ needs met as the problematic behavior ... Understand strategies for identifying and teaching critical replacement skills
- 7. Strategies for Teaching Students Emotional Regulation, Functional Communication, and Social Skills to Reduce Challenging Behavior**  
Increase emotional regulation using crucial skills all students can learn ... Understand how to evaluate these skills and teach these crucial skills to students with challenging behavior
- 8. Classroom Accommodations for Reducing Student Challenging Behavior**  
Learn which classroom accommodations best reduce difficult behavior and which do not
- 9. Utilize Preventative Strategies to Create an Environment that Reduces Challenging Behavior**  
Reduce challenging behaviors with proactive strategies ... Proven prevention strategies to use across all school environments
- 10. Receive an Extensive Occupational Therapy Digital Resource Handbook**  
Leave with an extensive occupational therapy digital resource handbook filled with detailed descriptions of all the therapy strategies and resources presented in the seminar

# Outstanding Strategies You Can Use Immediately

## Learning Outcomes

*At the end of the seminar you will be able to:*

- **Identify strategies** to increase your value as an occupational therapist in reducing students' challenging school or classroom behaviors
- **Name potential preventative strategies** and accommodations for reducing problematic behavior
- **Identify strategies** for teaching students effective, efficient, and adaptive alternatives to difficult behavior
- **Identify strategies** for de-escalating problematic behaviors among students
- **Select tools** for engaging in difficult conversations with other team members



## Practical Strategies for Occupational Therapy Service Delivery ...

- **Identify strategies** for assessing and teaching emotional regulation, social skills, and functional communication
- **Describe readily available resources** to use and share on planning for reducing problematic behavior
- **Discuss easy to use strategies** to collect and analyze data on challenging behavior
- **Explain framework** for collaborating and planning to reduce challenging behavior and increase student participation in school activities
- **Describe the process** for determining the "why" behind challenging behavior



*"Tara is a dynamic and knowledgeable presenter and gave us valuable information and resources I can use in my daily practice."*

– CHRISTINE WELLS, OT

## Practical Ideas and Strategies

Are you getting more and more referrals from teachers for students with challenging behavior? Do teachers often come to you about students with problematic behavior asking, "Is it sensory or behavior?" During these adversarial times, do you struggle to communicate with all team members, including the family? Are you looking for evidence-based, practical strategies to reduce challenging behavior and increase student participation in classroom activities? If you answered yes to any of these questions, you do not want to miss this seminar.

Innovative school-based occupational therapist **Dr. Tara Warwick** will walk you through a proven framework for reducing challenging behaviors and increasing student engagement. Dr. Warwick will share strategies for collecting data and analyzing data to create an effective behavior plan. You'll learn practical techniques for preventing misbehaviors and how to teach critical skills such as emotional regulation, functional communication, and social interaction.



# A Message From Seminar Leader, Tara Warwick



## Uniquely Qualified Instructor

**Dr. TARA WARWICK** is an exceptional, highly experienced occupational therapist and international presenter. Tara has worked in a variety of settings and brings to her seminars only the most successful strategies for school-based OTs. With a background including behavior management, sensory processing, assistive technology and more, Tara has designed this interactive, fast-paced seminar to provide you with innovative, yet highly practical solutions to the challenges you face with your most complex students. You will leave this seminar with a wealth of proven techniques and practical strategies that you can implement immediately in working with grade K-12 students.

Dear Colleague:

As an occupational therapist who spends most of my days in schools, I worry about how schools handle challenging behavior. I see teachers often removing students from the classroom due to challenging behavior; I see more students on reduced days due to their behavior; I see students spending less time with their peers due to challenging behavior; I see families, teams, and students stressed now more than ever about how to “handle” challenging behavior. I frequently hear, “I’ve tried that; it doesn’t work.” When traditional discipline is ineffective in reducing challenging behavior, teams are often paralyzed, now knowing how to move forward. I genuinely believe that most people are doing the best they can with the tools that they have, including teachers, parents, therapists, and students.

As occupational therapists, we can help change this. We can help provide teams with the tools they need to understand problematic behavior better. My three guiding principles for addressing challenging behavior include:

- If we want to change behavior in students, OTs have to change too
- We have to teach students how to behave
- All behavior has a function and purpose. Helping kids identify alternate ways to achieve positive behavior enables kids to change it

My goal in this seminar is to empower you to make a difference in the lives of students with challenging behavior. Students with problematic behaviors are often isolated and miss out on so many quality experiences in the schools. As occupational therapists, we can make a difference. In our day together, I will help you take the judgment out of the behavior and see the behavior for what it is, understanding the “why.” Together we will walk through case studies, analyze data, and identify strategies for preventing behavior and teaching replacement skills.

After this seminar, you will have the tools to contribute to the school team on assessing behavior and creating an effective intervention plan. Now is the time to learn more about behavior. I am thrilled to have the opportunity to bring you these strategies. This information has changed the way I practice in the schools, and I am positive it will for you too.

Sincerely,

Dr. Tara Warwick

**P.S. I guarantee that after our time together, you’ll leave refreshed and excited to immediately implement ideas for boosting student success.**

*“After this seminar, you will have the tools to contribute to the school team on assessing behavior and creating an effective intervention plan.”*

# What Your Colleagues Say About Tara Warwick

***"This was one of the best courses I have taken! Tara was so relatable and knowledgeable."***

Melissa Teresco, Occupational Therapist

***"Tara, thanks for all the strategies and examples of how you personally implement them. I really appreciate the insights and tips you provided in the How to Support Change section. My confidence level has bumped up a notch or two with consults and collaborations with teachers and staff. Great Seminar."***

Lynn Herzberg, COTA/L

***"Tara was informative and knowledgeable on this topic. She made the course relevant to occupational therapists so that it was meaningful and user friendly."***

Gwen Kaulfers-Pra, Occupational Therapist

***"Not technical, very useful and practical information for the classroom."***

Hanh Chou, Occupational Therapist



## About BER Seminars

### Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

### Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

### Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

### Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

# Special Benefits of Attending



*'This training would be so helpful to graduate students specifically - can change a therapist's whole outlook on working in pediatrics!'*

SARA KRAUSE

## On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

## Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook specifically designed for this seminar. The handbook includes:

- Forms you can use and reproduce to help you assess and plan for challenging behaviors
- Helpful resources that you can use and share with team members
- Evidence-based, practical strategies that you can use immediately with your students to reduce challenging behaviors and teach replacement skills

## Share Ideas with Others

This seminar provides a wonderful opportunity for participants to share ideas with other educators and occupational therapists.

## Consultation Available

Tara Warwick will be available to answer your specific questions and the unique needs of your own program.

## AOTA CEUs /Contact Hours Available

BER is an AOTA Approved Provider of professional development (APP# 6353). PD activity approval ID# 03046. This Distance Learning – Interactive/Independent seminar is offered at .5 CEUs/5 Contact Hours per day of attendance. Educational level: Introductory; Category: Occupational Therapy Service Delivery. AOTA does not endorse specific course content, products, or clinical procedures.

You will be required to fully attend the program and complete a program evaluation and a learning outcomes assessment at the end. For more information regarding this program, including a time-ordered agenda, please visit our website at [www.ber.org](http://www.ber.org)



## Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit [www.ber.org/ceus](http://www.ber.org/ceus)

## Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at [www.ber.org/credit](http://www.ber.org/credit)

## Can't Attend?

### Other Professional Development Options:



#### Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit [www.ber.org/credit](http://www.ber.org/credit)



#### Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Timesaving Strategies to Integrate Your OT Interventions into Classrooms*, for Grades P-12, and other OT-related courses are available for immediate registration. To enroll, visit [www.ber.org/online](http://www.ber.org/online)

# Occupational Therapists: Reducing Problematic, Challenging Behaviors to Increase Student Success

## Registration (XT53F1)

1. **December 15, 2022** (Start time: 9 AM Central)
2. **January 5, 2023** (Start time: 9 AM Eastern)  
—or—
3. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

### List additional registrants on a copy of this form

SCHOOL NAME	
<hr/>	
SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
(     )	(     )

### Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	

## IMPORTANT – PRIORITY ID CODE: EXT53F1

### METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # \_\_\_\_\_  
(Be sure to include priority ID code on the P.O.)
- Charge my:     MasterCard     VISA     Discover
- Account # \_\_\_\_\_ Exp. Date: \_\_\_\_\_  
MO/YR
- Billing Zip Code: \_\_\_\_\_ 3 Digit CVV Code: \_\_\_\_\_  
(Found on back of card)

Please print name as it appears on card

## FIVE EASY WAYS TO REGISTER:

 **REGISTER ONLINE** at: [www.ber.org](http://www.ber.org)

 **EMAIL this form to:** [register@ber.org](mailto:register@ber.org)

 **PHONE toll-free: 1-800-735-3503**  
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

## Program Hours

All **Live Online** Seminars are scheduled 9:00 a.m. – 3:30 p.m. in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

## Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

## Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

## Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

## Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



XT53F1

© 2022-2023 Bureau of Education & Research. All rights reserved.

# Occupational Therapists: Reducing Problematic, Challenging Behaviors to Increase Student Success



BUREAU OF EDUCATION & RESEARCH  
915 118th Avenue SE  
PO Box 96068  
Bellevue, WA 98009-9668  
[www.ber.org](http://www.ber.org)

Prsrtd Std  
U.S. Postage  
**PAID**  
Bureau of  
Education &  
Research

## Occupational Therapists: Reducing Problematic, Challenging Behaviors to Increase Student Success



**An outstanding one-day Live Online Seminar**

**Includes an extensive digital Resource Handbook**

**Can't Attend Live? Order the Recorded Version to  
access online at your convenience**

XT53F1

## Occupational Therapists: Reducing Problematic, Challenging Behaviors to Increase Student Success



Bureau of Education & Research

**ACTA**  
CEUs Available  
Live Online Seminar or  
Recorded Version



**A Unique One-Day Live Online Seminar  
(Also available as a Recorded Online Version to Use at Your Convenience)**

Presented by

**Tara Warwick, OTD, MS, OTR/L**

**Outstanding Occupational Therapist and International Speaker**

**Practical, evidence-based strategies** to reduce challenging behaviors  
and increase student participation in classroom activities

**Proven techniques** to use with any student to not only reduce  
problematic behavior but to also teach effective and efficient  
replacement skills

**Tools to guide consulting** with team members as well as how to have  
difficult conversations around challenging behaviors

**Tools and resources to better understand problematic behavior,**  
make data-based decisions and recommendations, and for collaborating  
and working as a team