

Strengthen Your Special Needs Students' EXECUTIVE FUNCTION SKILLS: Reduce Impulsive Behaviors, Increase Focus and Develop Working Memory



A Unique One-Day In-Person Seminar or Live Online Seminar

Kathy Morris

Outstanding Educator, Author and
Nationally Recognized Speaker

Specifically Designed for Special Education Teachers, Speech-Language Pathologists, Occupational Therapists, General Education Classroom Teachers, Counselors, and Paraprofessionals

Help your special needs students improve in these key executive function areas: organization, time management, working memory, task completion, impulse control, emotional self-regulation, anger management, and social skills

Practical ways you can adapt your instruction to enhance students' ability to develop and use key executive function skills

Dozens of practical strategies that can be used to help students with special needs who have difficulty maintaining attention and organizing their time, tasks, personal space, and materials

Demonstrations, activities, examples, checklists, and much more, including a comprehensive digital resource handbook you can take back and begin using immediately with your students

Illinois

Chicago North (Elk Grove Village) – January 26

Chicago South (Alsip) – January 27

New Jersey

Cherry Hill (Mt. Laurel) – January 23

Newark (West Orange) – January 24

New York

Long Island (Plainview) – January 25

LIVE ONLINE SEMINAR

February 1

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

ASHA Credits Available at all Locations
CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

Ten Key Benefits of Attending

"A very helpful seminar filled with practical ideas and strategies you can immediately implement with your students, as well as share with your colleagues to reinforce across all settings."

– CARLENE FAIRBANK,
SPEECH-LANGUAGE
PATHOLOGIST



Who Should Attend

Special Education Teachers,
Speech-Language
Pathologists, Occupational
Therapists, General
Education Classroom
Teachers, Counselors,
and Paraprofessionals

1. **Practical Strategies to Address Executive Function Weaknesses that Prevent Students' Success in School**

What skills should we expect at certain ages and how can we help students with special needs who don't gain these vital executive function skills? Learn how you can recognize and strategize to teach your students who struggle to think and act in an organized way to manage their time, tasks, schedules, assignments, and behavior

2. **Walk Away with Numerous Practical Strategies to Teach Executive Functioning Skills That Help Students Learn**

Leave with specific strategies to teach and increase special needs students' skills in working memory, inhibitory control and mental flexibility ... How to teach these skills in ways that help students catch up on lost learning

3. **Strategies to Help Your Students Improve in Key Executive Function Areas**

Help students who have trouble completing assignments, focusing, setting goals, planning, sequencing, and initiating and persisting in task completion ... Strategies that work!

4. **Address Self-Regulation and Self-Management Skills**

Learn ways to help your special needs students with impulse control, whole-body listening and managing anxiety

5. **Ways to Adapt Your Instruction and Classroom Structure**

Techniques and tips to adapt your teaching that works for all students, but especially those who have difficulties with key executive functioning skills ... Quick and easy ideas for setting up routines and your classroom structure for optimal learning

6. **Discover the Connection to Brain Research: What It Teaches Us About Best Practices for Instruction**

Executive function work is all based on current research about how the brain takes in, processes and stores information ... Learn the practical application of this research that will greatly benefit your students with special needs

7. **Tools and Strategies to Teach Independence and Emotional Regulation**

Learn how to help your students become more independent with strategies that teach the steps in planning, implementing the plan and self-evaluating when finished ... Strategies students can use for emotional regulation

8. **How Executive Function Skills Impact Student Behavior and What You Can Do About It**

Understand and learn practical solutions for impulse control, self-regulation and self-management ... Help your students with special needs to develop situational awareness to stop, think and plan before they respond negatively

9. **How to Use Visual Strategies to Teach Executive Function Skills**

Create visual strategies that help students gain and retain information ... Tips and tricks for helping your students catch up

10. **Receive an Extensive Digital Resource Handbook**

Each participant will receive a comprehensive digital resource handbook developed specifically for this seminar filled with strategies, ideas and research-based techniques that will support you as you help your students catch up

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Practical strategies for identifying and teaching** special needs students who lack the necessary executive function skills to be successful in both inclusive and resource classrooms
- Strengthen your **special needs students' executive function skills** in grades P-12
- Dozens of practical strategies designed to **increase attention, focus and impulse control**
- Recognize and strategize to **teach your students who struggle to think and act in an organized way** to manage their time, tasks, schedules, assignments, and behavior
- Help your students with **impulse control and self-regulation**
- **Strategies for co-teaching**, inclusive, and general education classrooms
- Flexible **problem-solving strategies** to fit the needs of specific students
- **Emotional regulation and anti-anxiety strategies** you can use immediately
- **Memory strategies** for studying, test taking, homework, and long-term project planning
- **Clearly define key executive function skills** and how they impact academic and social success in school
- **Low-prep strategies** you can use in the classroom or resource room the very next day
- **Proven ideas** for helping students plan their homework, manage short- and long-term projects or assignments, and carry out tasks to completion
- **Set up all your students for success** in an inclusive classroom
- **Dozens of practical strategies** for teaching students to remember, manipulate information, self-monitor, and self-check



"Extremely beneficial seminar filled with strategies that I'll be able to use to help all students at our school!"

– MELISSA CREED, SPECIAL EDUCATION TEACHER

Practical Ideas and Strategies

Over the past decade the research has exploded in the diagnosis and treatment of students who have difficulties in executive functioning. Executive dysfunction is thought to be the underlying neurological difficulty for many of our students with special needs. In this stimulating and interactive seminar, designed for grades Preschool-12 inclusive and special education settings, you will gain dozens of interventions and practical strategies you can use to help students lacking executive function skills. Join **Kathy Morris**, long-time and experienced teacher in the area of executive function disorders, for a day filled with ready-to-use ideas and strategies that will make a significant difference for your students with special needs who appear to be unorganized, off task and have self-regulation behavior issues. You won't want to miss this day filled with highly effective ideas and interventions to support your students to become more independent and develop greater executive control of their time, tasks and materials.



A Message From Seminar Leader, Kathy Morris



Uniquely Qualified Instructor

Kathy Morris has been a special education teacher for more than 30 years and a consultant for executive function disorders, behavior disorders, autism, assistive technology, and LIFE Skills, providing technical assistance, seminars and workshops to educators throughout the United States. She was named "Outstanding Educator of the Year" in her state and has served as Advisor to the President's Commission on Special Education. Kathy knows through experience what works for students who have trouble with executive function skills such as focusing, getting and staying organized, regulating their behavior, and making the choices that will help them be successful in school, both socially and academically. She is known for her fast-paced and interactive seminars that leave participants inspired to try new strategies with their students who struggle in school. You won't want to miss this day filled with highly effective ideas and interventions to support your students to become more independent and develop greater executive control of their time, tasks and materials. **You will leave her seminar with renewed energy and a toolkit of strategies to help you be more successful in your classroom immediately!**

Dear Colleague:

Children and adolescents who struggle with executive function disorders often look like those who just aren't paying attention, have difficulty making transitions or are purposely not controlling themselves. They may be unaware of the connections of their behavior and the consequences of the behavior. Their desks, backpacks and distance learning environments feel disorganized and they may have an inability to plan ahead. The exciting news is that current research clearly indicates that this deficit can be effectively addressed with proper interventions.

In this strategy-packed seminar, designed for grades Preschool-12 inclusive and special education settings, you will learn how to recognize executive functioning deficits and how they can inhibit learning, along with a toolbox of practical strategies for helping these students get organized, stay focused for longer periods of time and be more successful in school and in their online learning experience. Strategies in self-awareness, work completion, task initiation, planning, and organizing, will all be shared as well as ideas for impulse control, motivation, self-regulation and more!

You won't want to miss this opportunity to understand how executive functioning or dysfunction makes or breaks students' ability to be successful in school, both academically and socially. Come and learn new strategies and interventions that will make a significant difference for all your students.

Sincerely,

Kathy Morris

P.S. You will also receive the **extensive digital resource handbook** I designed specifically for this seminar **filled with strategies and ideas** ready for you to try with your students!

"...you will learn how to recognize executive functioning deficits and how they can inhibit learning, along with a toolbox of practical strategies..."

What Your Colleagues Say About Kathy Morris

*"One of the best seminars I've attended in my years of practice. **Informational presentation by a lively presenter.**"*

– Anna Marie Vinci-Marzocca, Occupational Therapist

*"**Kathy is a passionate instructor** who compiled a very useful resource handbook of strategies and information that I can start using as soon as I head back to work."*

– Nina Tsung-Sze, Junior High Math Teacher

*"Kathy is fantastic! **I left feeling inspired, with a ton of new resources to use** with my private practice clients and high school students. Fantastic seminar with a wonderful personal touch!"*

– Stacie Bennett, Speech-Language Pathologist

*"**So many immediately usable resources and strategies.** Perfect to use for addressing all students where they are to elicit their best potential and show them they can and will achieve!"*

– Heather Rich, Title I



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources. (For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.)

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"Kathy is an extremely knowledgeable presenter. She made the seminar fun and entertaining and shared great resources. I appreciated her sharing her expertise."

DR. JANE PETROZZINO,
SUPERVISOR OF
STUDENT SERVICES

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Step-by-step strategies for meeting the needs of your students with executive function deficits
- Multiple resources and next-day ideas for organization, impulse control, memory, behavioral regulation, and attention/concentration
- Ideas for planning long-term projects, studying for tests, homework completion, as well as organizing space, materials and time

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

ASHA CEUs Available

	ASHA CE APPROVED PROVIDER	Bureau of Education & Research
		Intermediate Level 0.50 ASHA CEUs
ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.		

ASHA-Required Disclosure Statement for Kathy Morris:

Financial: Presenter for the Bureau of Education & Research and receives honorarium compensation.

Nonfinancial: No relevant nonfinancial relationships exist.

Have your ASHA Account Number available at the seminar if you will be completing forms for the ASHA CE Registry.

Meet Inservice Requirements / Earn State CEUs

Participants of In-Person and Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:

Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit

Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Catching Up Your Students with Disabilities Who Have Fallen Behind*, for Grades 1-12, and *Strengthening the Executive Function Skills of Students with Special Needs*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

Strengthen Your Special Needs Students' EXECUTIVE FUNCTION SKILLS:

Reduce Impulsive Behaviors, Increase Focus and Develop Working Memory

Registration (XFX3W1)

- 1. **Cherry Hill** (Mt. Laurel), NJ – January 23, 2023
 - 2. **Chicago North** (Elk Grove Village), IL – January 26, 2023
 - 3. **Chicago South** (Alsip), IL – January 27, 2023
 - 4. **Long Island** (Plainview), NY – January 25, 2023
 - 5. **Newark** (West Orange), NJ – January 24, 2023
 - 6. **LIVE ONLINE:** February 1, 2023 (Start time: 9 AM Eastern)
- or—
- 7. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
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POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
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SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
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SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED) FOR EACH REGISTRANT	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	<hr/>

IMPORTANT – PRIORITY ID CODE: EXFX3W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person,
for teams of three or more registering at the same time, the fee is \$259
per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
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FIVE EASY WAYS TO REGISTER:

-  **REGISTER ONLINE at: www.ber.org**
-  **EMAIL this form to: register@ber.org**
-  **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)
-  **FAX this form to: 1-425-453-1134**
-  **MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All **In-Person** Seminars are scheduled 8:30 a.m. – 3:15 p.m.
Check-in is 8:00 a.m. – 8:30 a.m.
- All **Live Online** Seminars are scheduled 9:00 a.m. – 3:30 p.m. in the
time zone indicated. Check in 15 minutes prior. Registrants will be sent
login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Seminars, Live Online Seminars or Recorded Seminars.

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Cherry Hill: Hilton Garden Inn – Mt. Laurel, (856) 234-4788
- Chicago North: Holiday Inn – Elk Grove Village, (847) 437-6010
- Chicago South: DoubleTree – Alsip, (708) 371-7300
- Newark: The Wilshire Grand Hotel – West Orange, (973) 731-7007
- Long Island: Four Points by Sheraton – Plainview, (516) 694-6500

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

XFX3W1

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Includes an extensive digital Resource Handbook

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