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Strengthening Your Special Needs Students' **EXECUTIVE FUNCTION SKILLS:**

Strategies for Organizing Tasks, Time, Materials, and Behavior







A Unique One-Day Live Online Seminar Presented by

Kathryn Phillips

Outstanding Educator, Author and Internationally Recognized Speaker

Specifically Designed for Special Education Staff, Speech Language Pathologists,
Occupational Therapists, General Education Classroom Teachers, School
Psychologists, Counselors, and Other Educators Working with Students in
Preschool - Grade 12 Who Have Trouble Organizing Themselves for School Success

Dozens of practical strategies that can be used to help students with special needs who have difficulty maintaining attention and organizing their time, tasks, personal space, and materials

Practical ways you can adapt your instruction to enhance students' ability to develop and use key executive function skills in reading, writing, math, study skills, and projects

Help your students with special needs improve in these key executive function areas: organization, time management, study skills, task completion, impulse control, emotional self regulation, anger management, social skills, and memory

Demonstrations, activities, examples, checklists, and much more, including a comprehensive digital resource handbook you can take back and begin using immediately with your students

LIVE ONLINE SEMINARS

December 9

9 AM Central, 8 AM Mountain, 7 AM Pacific, 10 AM Eastern

January 5

9 AM Eastern, 8 AM Central, 7 AM Mountain, 6 AM Pacific

January 13

9 AM Pacific, 12 PM Eastern, 11 AM Central, 10 AM Mountain

ASHA CEUs Available at all Locations State CEUs and Graduate Credit Available See page 6 for details

CAN'T ATTEND?

Order the recorded version and take the seminar online at your convenience (see page 6)

Ten Key Benefits of Attending

"Kathryn was not only dynamic and engaging, but full of realistic steps to use in the classroom."

> - MELISSA ADAMS, **CASE MANAGER**



Who Should Attend

Special Education Staff, Speech Language Pathologists, Occupational Therapists, General **Education Classroom** Teachers, School Psychologists, Counselors, and Other Educators **Working with Students** in Preschool - Grade 12 Who Have Trouble Organizing Themselves for School Success

1. Practical Strategies to Address Executive Function Weaknesses that Prevent **Students from Finding Success in School**

What skills should we expect at certain ages and how can we help students who don't gain these vital executive function skills? Learn how you can recognize and strategize to teach your students who struggle to think and act in an organized way to manage their time, tasks, schedules, assignments, and behavior

2. Strategies to Help Your Students Improve in Key Executive Function Areas Executive functioning helps students to complete assignments, manage time, control impulsive behavior, have appropriate social behaviors, and organize their brains for learning ... Learn strategies to help your students who have difficulty in these areas so they can experience success and become more independent

3. Practical Ideas for Your Late, Lost and Unprepared Students

Your students may appear to be unmotivated and apathetic, but we now know that many lack basic executive function skills ... Learn practical strategies to build executive functioning skills in students who lack them

4. Executive Function Skills to Increase Student Success in Reading, **Writing and Math**

Learn how executive function skills impact specific academic areas ... Strategies you can use immediately to develop skills that will help students organize information for learning

5. How Executive Function Skills Impact Student Behavior and What You Can Do About It

Understand and learn practical solutions for impulse control, self-regulation and self-management ... Help your students develop situational awareness to stop, think and plan before they respond negatively

6. Discover Practical Strategies to Organize, Plan and Prioritize

You can help students process information in a more organized and logical way to select the tools and strategies they will need in order to plan for success

7. Ways to Adapt Your Instruction and Classroom Structure Special Designed Education, Sample IEP goals, apps, tools, and accommodations for students who struggle with executive function demands

8. Discover the Connection to Brain Research: What it Teaches Us about **Best Practices for Instruction**

Executive function work is all based on current research about how the brain takes in, processes and stores information ... Learn the practical application of this research and how it will greatly benefit your students

9. Tools and Strategies to Teach Independence and Emotional Regulation Learn how to help students become more independent with strategies that teach steps in planning, implementing the plan and self-evaluating when finished ... Strategies students can use for emotional regulation

10. Receive an Extensive Digital Resource Handbook

Each participant will receive a comprehensive digital resource handbook developed specifically for this seminar filled with strategies, ideas and research-based techniques that will support you when you return to your classroom and school

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- Strengthen your students with special needs EXECUTIVE FUNCTION SKILLS
- Dozens of practical strategies designed to increase attention, focus and impulse control
- Recognize and strategize to teach your students who struggle to think and act in an organized way to manage their time, tasks, schedules, assignments, and behavior
- Strategies for co-teaching, inclusive and general education classrooms
- Executive function skills to increase student success in social emotional functioning
- Flexible problem-solving strategies to fit the needs of specific students
- Emotional regulation strategies you can use immediately
- Simple yet effective systems for study skills
- Memory strategies for studying, test-taking, homework, and long-term project planning
- Clearly define key executive function skills and how they impact academic and social success
- Low-prep strategies you can use immediately in the classroom or resource room
- **Proven ideas** to help students plan their homework, manage short- and long-term projects/assignments and carry out tasks to completion
- Set up all your students for success in an inclusive classroom
- Dozens of practical strategies to teach students to remember, manipulate information, self-monitor, and self-check





"Kathryn did an amazing job providing us with an enormous tool box of resources and tools to use immediately with our students. This seminar was tremendously helpful."

- ANDREA STANLEY, 4TH GRADE TEACHER

Practical Ideas and Strategies

There has been a marked increase in the diagnoses of our students who have weaknesses in executive function skills. Common characteristics can include difficulty with task initiation, prioritization, completion, and the ability to think in an organized way to manage belongings, schedules and assignments. In this fast-paced seminar, **Kathryn Phillips** will demonstrate how to recognize and assess the impact on behavior and learning and most importantly, give you a toolbox filled with practical strategies to help your students with executive function difficulties. You won't want to miss this day filled with highly effective ideas and interventions to help your students become more independent and develop greater executive control of their time, tasks and materials.



A Message From Seminar Leader, Kathryn Phillips



Uniquely Qualified Instructor

KATHRYN PHILLIPS is

a nationally recognized presenter, author and teacher of students with special learning needs. With over 30 years of experience in schools, she has worked with thousands of educators in all areas of helping students with specific behavior and learning needs including students with executive dysfunction. Kathryn's extensive experience provides a practical perspective for working successfully with students who have executive function deficits. You will leave this seminar re-energized and better equipped to deal with students who exhibit behavioral problems, inattentiveness and learning difficulties due to the lack of executive function skills. As an added bonus you will receive an extensive digital resource handbook packed with ideas and resources you can use and share with your colleagues the very next day.

Dear Colleague:

Do you ever hear any of these statements about your students?

- "He's just not motivated."
- "She doesn't seem to care about anything."
- "He's smart enough but he just won't do the work."
- "If only she would pay attention ..."
- "He explodes over anything!"

If you have heard, voiced or thought any of these, you will want to join your colleagues for this seminar that will provide a specific toolbox of strategies, ideas and solutions for these issues.

Over the past decade research has exploded in the diagnosis and treatment of students who have difficulties in executive functioning. Executive dysfunction is thought to be the underlying neurological difficulty in disorders such as ADHD, autism spectrum disorders, traumatic brain injury, drug and alcohol exposure, behavioral and emotional disorders, as well as learning disabilities. The exciting news is that current research clearly indicates that this deficit can be effectively addressed with proper interventions.

In this stimulating and interactive seminar, designed for Preschool-Grade 12 inclusive and special education settings, you will learn how to recognize executive functioning deficits, assess their impact on learning and behavior, gain a toolbox of practical strategies for working with students, and learn how to integrate these strategies into core curriculum areas. You will leave with dozens of next-day ideas for writing, math, reading, study skills, long-term projects, and test-taking. Strategies in self-awareness, work completion, task initiation, planning, organizing, and goal setting will also be shared as well as ideas for impulse control, motivation, self-regulation, and more!

Don't miss this opportunity to understand how executive functioning or dysfunction makes or breaks students' ability to be successful in school, both academically and socially. Come and learn new strategies and interventions that will make a significant difference for all your students.

Sincerely, Kathuju Rillips

Kathryn Phillips

P.S. I know you have the choice in choosing a professional development day that will meet your needs for the year. I promise, you will not be disappointed!

"... learn how to recognize executive functioning deficits, assess their impact on learning and behavior, gain a toolbox of practical strategies for working with students, and learn how to integrate these strategies into core curriculum areas."

What Your Colleagues Say About Kathryn Phillips

"This was an <u>outstanding seminar!</u> Kathryn Phillips is an **engaging, highly effective presenter**. I am leaving with several new strategies and techniques that I am looking forward to implementing with my current and future students."

- Teresa Ehresman, Special Education Teacher

"The content was valuable and the resources were numerable. Kathryn is very knowledgeable and energetic."

- Barbara Robinson, Special Education Teacher

"This seminar was engaging and relevant to so many student needs. Walking away with **strategies to implement tomorrow** was the best part of the day."

- Angie Persing, Special Education Consultant

"Organized, interactive and captivating seminar! Thank you, not only for the information, but for the many resources!"

- Callea Jamison, Teacher

"Kathryn did an excellent job providing **practical strategies** for my students that struggle with executive function skills. Her use of visuals, movement and musical cues kept us engaged."

- Dona Carhart, Teacher







"I **learned so much**. I know I can better help my students with all of the knowledge
I gained today." – Betsy Pearl, Special Education Teacher

"Excellent seminar! Kathryn provided good definitions and delineations of each characteristic of executive function. She also shared **great examples, techniques and strategies**."

- Silvia Deleon, Speech Language Pathologist

"Lots of **practical, ready-to-use strategies** to improve classroom organization and executive function skills. Kathryn is an engaging, knowledgeable presenter."

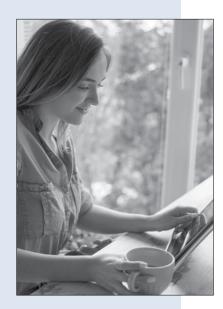
- Karen Marks, Coordinator

"Kathryn is very **knowledgeable and easy to listen to**! I have practical strategies to take back to my school tomorrow." – Julie Bender, Special Education Coordinator

"Kathryn is an amazing presenter! **Interactive, prepared, very engaging, and a wealth**of knowledge!"

- Sarah Bonchard, Teacher

Special Benefits of Attending



"Excellent! I learned such valuable information! I cannot wait to try the many strategies I learned today." - PAM SMITH,

RESOURCE TEACHER

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies.

The handbook includes:

- Step-by-step strategies for meeting the needs of your students with executive function deficits
- Multiple resources and next day ideas for organization, impulse control, memory, behavioral regulation, and attention/concentration

ASHA CEUs Available



Bureau of Education & Research

Intermediate Level 0.5 ASHA CEUs

ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.

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Please bring your ASHA Account Number to the seminar if you will be completing paperwork for the ASHA CE Registry.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

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Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see the registration form on page 7, and for optional CEUs and graduate credit available, please visit www.ber.org/credit



Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, Catching Up Your Students with Disabilities Who Have Fallen Behind, for Grades 1-12, and Strengthening the Executive Function Skills of Students with Special Needs, are available for immediate registration. To enroll, visit www.ber.org/online

Strengthening Your Special Needs Students' EXECUTIVE FUNCTION SKILLS: Strategies for Organizing Tasks, Time, Materials, and Behavior

Registration (XF13F1)
☐ 1. December 9, 2022 (Start time: 9 AM Central, 8 AM Mountain)
□ 2. January 5, 2023 (Start time: 9 AM Eastern)
☐ 3. January 13, 2023 (Start time: 9 AM Pacific)
 —or — 4. I'd like to order the recorded version of this seminar
FIRST NAME M.I. LAST NAME
POSITION, SUBJECT TAUGHT GRADE LEVEL
SEMINAR NUMBER: (Please see list above)
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List additional registrants on a copy of this form
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SCHOOL MAILING ADDRESS
CITY & STATE ZIP CODE
SCHOOL PHONE NUMBER HOME PHONE NUMBER
()
Registration confirmations and login details are sent via e-mail
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METHOD OF PAYMENT – Team Discount Available
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Program Hours

All Live Online Seminars are scheduled 9:00 a.m. - 3:30 p.m. or 8:00 a.m. - 2:30 p.m. in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. Payment is due prior to the program. Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Ouestions

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Strengthening Your Special Needs Students' EXECUTIVE FUNCTION SKILLS: Strategies for Organizing Tasks, Time, Materials, and Behavior



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend? Order the Recorded Version to access online at your convenience

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Research

Strategies to Strengthen Special Needs Students' EXECUTIVE FUNCTION SKILLS

ability to develop and use key executive function skills in reading Practical ways you can adapt your instruction to enhance students their time, tasks, personal space, and materials special needs who have difficulty maintaining attention and organizing Dozens of practical strategies that can be used to help students with **Outstanding Educator, Author and Internationally (athryn Phillips** Recognized Speaker Presented by

A Unique One-Day Live Online Seminar

(Also available as a Recorded Online Version

to Use at Your Convenience)







Special Needs Students' EXECUTIVE FUNCTION SKILLS: Strategies for Materials, and Behavior Organizing Tasks, Time, Strengthening Your

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management, social skills, and memory

writing, math, study skills, and projects

skills, task completion, impulse control, emotional self regulation, anger executive function areas: organization, time management, study

Help your students with special needs improve in these key