

## Two-Day Train-the-Trainer Institute

# Current, Best Strategies to Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions for Disruptive Students (Preschool-Second Grade)



A Unique Two-Day Live Online Institute Presented by

**Lisa Rogers**

Outstanding Presenter, Behavior Intervention Specialist,  
Author, and Teacher Trainer

**Designed Specifically for Teacher Leaders, Early Childhood Educators, Early Childhood Directors, Headstart Staff, Preschool Teachers, Counselors, Special Education Staff, Child Care Providers, Title I Staff, and Administrators**

- ▶ Train your teachers to use the **most current, practical strategies to reduce disruptive and often repeated, attention-getting behaviors** including tattling, screaming, roaming, blurting out, excessive talking, tantrums, dysregulation, and outright refusal to follow directions
- ▶ Train your teachers **how to use positive intervention strategies to better address problem behaviors** and make them teachable moments to develop self-regulation and problem-solving skills
- ▶ **Build expertise among your staff** to develop and use effective consequences that are instructive versus punitive in order to teach positive behavior, resilience, and increased self-regulation
- ▶ Receive critical information on **how to deliver high-quality, engaging and effective training sessions to your staff**

**November 3-4**

**9 AM Eastern, 8 AM Central,  
7 AM Mountain, 6 AM Pacific**

CEUs and Graduate Credit Available  
See page 6 for details

### CAN'T ATTEND?

Order the recorded version and take the course online at your convenience (see page 6)

“*Practical ideas that are easy to put into practice. I am ready to try these new ideas with my challenging students tomorrow!*”

— KATHLEEN BROOKS, TEACHER

## Practical Ideas and Strategies

Do you have students who present challenging behaviors that disrupt their learning and the learning of others? Do some of these behaviors include tattling, screaming, roaming, blurting out, excessive talking, tantrums and even outright refusal? Of course, the answer is yes! While the percentage of students who engage in these types of disruptive behaviors may be small, the impact can feel and be much more significant. This two-day training is designed to give you the tools and strategies to address the needs of these specific students who struggle the most with challenging behaviors.

**Lisa Rogers**, outstanding presenter and behavior intervention specialist, has designed this **fast-paced, strategy-packed, train-the-trainer opportunity to train your teachers and staff** to use practical solutions to teach the skills that will help your students be successful, both socially and academically. You will learn dozens of strategies to use immediately to reach your students who lack the skills to self-regulate, follow directions, share, take turns, stay focused and remain calm in stressful situations. In addition, ideas for simple, yet highly effective visual cues, ways to talk about behavior and thinking, how to maximize the benefits of purposeful play, and learn which positive intervention strategies to use when you need to address problem behaviors.

This two-day train-the-trainer institute focuses on how to apply strategies to address the most difficult behaviors and implement a comprehensive plan for prevention that works for typically developing students as well as those with special needs. Participants who attend will begin to build expertise in applying **specific interventions to significantly decrease attention-getting behaviors** that repeatedly disrupt class time and get in the way of students' learning and teachers' teaching.

## A Practical, Two-Day Train-the-Trainer Institute to Train Your Teachers to Reduce Repeated Attention-Getting, Tantrum and Challenging Behaviors

Send one or more staff members or a team to this training program and they will return to your school(s) with professional development strategies and resources to support and train your teachers to work effectively with young students' challenging behaviors. Participants will learn:

- **Practical and doable strategies to reduce repeated, attention-getting behaviors**
- **Ways to decrease tantrum behaviors that frequently turn into episodes**
- **How to analyze the function of a behavior to develop a meaningful and strategic plan of action**
- **How to implement trauma informed practices**
- **How traditional management systems may exacerbate problem behaviors**
- **Practical strategies to develop young children's self-regulation skills**



## This Two Day Train-the-Trainer Program is Cost Effective

If you are interested in providing high-quality training in working with challenging behaviors of young students to your teachers, school(s) or district, this is the perfect opportunity. Send one teacher or a team and they will leave with an extensive digital resource training handbook filled with the tools needed for their own training. The focus of the two-day training will be on implementing the crucial components necessary to decrease attention getting and tantrum behaviors.



## Outstanding Strategies You Can Use Immediately

- **Specific strategies to significantly decrease attention-getting behaviors** that repeatedly disrupt class time and get in the way of students' learning and teachers' instructional time
- Tips for **developing and delivering high-impact training** for your teachers – whether it be short and quick or longer sessions
- **Powerful strategies to engage staff** in productive conversations about students' challenging behaviors
- Guidance for facilitating training to **target students who struggle** with behavior
- Teach students to **develop skills that will help them be successful**, both socially and academically
- How to **help students learn appropriate behavior** through instruction, practice, feedback and encouragement
- Develop a toolkit **of consequences that are instructive and teach replacement behaviors**
- **Make transition times fast and easy** using visual and auditory cues
- **Assess the function of behaviors** through different data collection tools
- Innovative ideas for **making minor adjustments** to classroom structure for greater results with all students including those who have or are experiencing trauma
- Specific strategies to **teach students to regulate their thinking, emotions and behavior**
- **Visual tools to scaffold for success** to clarify expectations and provide reinforcement
- Increase your students' ability to **focus and stay engaged**
- Practical ways to **prevent conflict due to frustration**, compounded by a lack of self-regulation
- **Develop specific strategies** that will teach students to respond more appropriately
- **Help your most difficult students** achieve daily successes and increase their confidence
- **Leave with an extensive digital resource training handbook** filled with the tools needed for your own trainings, additional resources and a PowerPoint template for training your staff

“ *I was very impressed by the material Lisa presented. I cannot wait to take it back to my classroom!*”

– CASEY MCGRATH, PRESCHOOL TEACHER



**To Register,  
Call Toll-Free**

**1-800-735-3503**

## A Message From Institute Leader, Lisa Rogers



“*No matter your current position, you will leave with a full supply of ideas and tools to use as you support others who work with challenging and attention-getting behaviors.*”



### Bureau of Education & Research

915 118th Avenue SE • PO Box 96068 • Bellevue, WA 98009-9668  
Phone (800) 735-3503 • Fax (425) 453-1134 • [www.ber.org](http://www.ber.org)

Dear Colleague:

Join me for a unique, two-day train-the-trainer institute focusing on best practices for working with the challenging, attention-getting behaviors that we are seeing more and more of in our preschool-second grade students. Like all educators who work with young students, I'm sure you have beautiful young students who you care about deeply. I'll also bet that you are passionate about your life as a teacher and consider each day a gift of possibilities – and you have one, two or maybe more students that have rocked your world a bit. They might not sit when you tell them to sit, or they might even scream, run out of the room, talk incessantly, push others or run around – and all the strategies you have used before don't seem to work.

During our two days, I will give you dozens of practical, doable strategies to stop the cycle of repeated, attention-getting behaviors that get in the way of productive class activities and learning. We will explore specific ways to use visual and auditory cues, transition routines, and strategies to teach students to regulate their thinking, emotions and behavior, as well as how to increase young students' ability to focus and stay engaged. We will also look at what to do during and after a tantrum to defuse the situation and reduce re-occurrences.

This will be an active, fast-paced, two-day event filled with activities and applications, as well as the opportunity to transfer and personalize training tips to make them your own. No matter your current position, you will leave with a full supply of ideas and tools to use as you support others who work with challenging and attention-getting behaviors.

I hope you will join me so that we can work together to build new strategies and help your students develop the skills and behaviors that you and I know they will need to be successful inside and outside your classroom. I promise you will leave with a toolkit of strategies that really work, along with a renewed energy to do the valuable work of teaching young children! I look forward to meeting you at the institute.

Sincerely,

Lisa Rogers

**P.S.** Be prepared to leave with **dozens of practical solutions** to develop social skills that help young children respond in more appropriate and acceptable ways and that you will be able to use to train others in your school(s) and district.

## What Your Colleagues Say About Lisa Rogers

*"This was life-changing for me. It is nice to step away and self-evaluate while learning **incredible, tangible skills** to better my classroom. I am leaving filled with hope."*

– Camilla McCammon, First Grade Teacher

*"I love that everything Lisa shared is research-based. **She is so knowledgeable** about behavior."*

– Lora Webster, First Grade Teacher

*"A fabulous way to spend my day! After many years in the classroom, it's nice to come to an institute and gain new knowledge and resources. Thank you for your **expertise, research, resources, and activities.**"*

– Bradi Holder, First Grade Teacher

*"I've previously attended Lisa's seminars and have never been disappointed. **I always leave with hundreds of strategies** to support all of my students."*

– Emily Watto, Kindergarten Teacher



## Uniquely Qualified Instructor

**Lisa Rogers** is an acclaimed presenter and veteran educator who specializes in working with preschool – second grade students. She has over 20 years of experience in working with young children who exhibit difficult behaviors that prevent them from learning and socializing appropriately with others. Lisa's extensive experience provides a practical perspective for teaching students who have attention-seeking behaviors and self-regulation deficits including impulsivity, lack of focus and an inability to think and plan actions, which often lead to tantrums.

Lisa is a frequent presenter at local and state conferences and has developed inclusive education training modules with accompanying videos. She is the author of *Current, Best Strategies to Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions for Disruptive Students (Preschool-Second Grade)*, the extensive digital resource handbook you will receive at the two-day institute. It is filled with research-based ideas and strategies you will be able to immediately apply or adapt in your own schools and use to train others.

**You won't want to miss this unique two-day train-the-trainer institute where Lisa will answer your questions and provide solutions to addressing your students' most challenging behaviors!**

## About BER Institutes

### Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

### Extensive Digital Resource Handbook

You'll receive an extensive digital resource handbook full of practical strategies and resources.

### Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

### Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.



## Special Benefits of Attending



### Who Should Attend

Teacher Leaders, Early Childhood Educators, Early Childhood Directors, Headstart Staff, Preschool Teachers, Counselors, Special Education Staff, Child Care Providers, Title I Staff, and Administrators

“Great resources and truly practical solutions any educator can implement in their classroom. Every teacher should attend this institute.”

– STEPHANIE DANG, EDUCATION SPECIALIST

### On-Site Training

Most BER institutes can be brought to your school or district in-person or online. See the options at [www.ber.org/onsite](http://www.ber.org/onsite) or call 877-857-8964 to speak to one of our On-Site Training Consultants.

### Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Visual strategies to prevent off-task and other behavioral challenges
- Goal-setting and self-evaluation forms
- Choice boards and “I Can...” charts to increase focus, attention and motivation
- What to say and do when your students struggle to stay engaged
- Strategies to de-escalate anger and frustration, and fun ways to transition and celebrate success

### Consultation Available

Lisa Rogers will be available to answer your specific questions and the unique needs of your own program.

### Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Institutes and those completing the Recorded Version online can receive a certificate of participation that may be used to verify ten continuing education hours. For details about state CEUs available, visit [www.ber.org/ceus](http://www.ber.org/ceus)

### Earn One to Four Graduate Semester Credits



University of  
Massachusetts  
Global A nonprofit  
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities.

Details may be found at [www.ber.org/credit](http://www.ber.org/credit)

Train-The-Trainer Institute

Current, Best Strategies to Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions for Disruptive Students (Preschool-Second Grade)

RESOURCE HANDBOOK

by Lisa Rogers



Bureau of Education & Research

### Can't Attend?

#### Other Professional Development Options:



#### Recorded Version of the Institute

Order the recorded version of this institute to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see the registration form on page 7, and for optional CEUs and graduate credit available, please visit [www.ber.org/credit](http://www.ber.org/credit)



#### Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions*, for Grades PK-2, and *Discipline Strategies for Dealing with Challenging, Difficult Students*, for Grades K-2, are available for immediate registration.

To enroll, visit [www.ber.org/online](http://www.ber.org/online).

## Two-Day Train-The-Trainer Institute

### Current, Best Strategies to Decrease Attention-Getting and Tantrum Behaviors: Practical Solutions for Disruptive Students (Preschool-Second Grade)

#### Registration (VDR3F1)

1. **November 3-4, 2022** (Start time: 9 AM Eastern)  
—or—
2. **I'd like to order the recorded version of this institute**

FIRST NAME	M.I.	LAST NAME
_____		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
_____		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

#### List additional registrants on a copy of this form

SCHOOL NAME	
_____	
SCHOOL MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
( )	( )

#### Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
_____	
HOME MAILING ADDRESS	
_____	
CITY & STATE	ZIP CODE
_____	_____

### IMPORTANT – PRIORITY ID CODE: EVDR3F1

#### METHOD OF PAYMENT – Group Discount Available

The registration fee is \$645 per person, for groups of three or more registering at the same time, the fee is \$595 per person. **Payment is due prior to the program.** No cash please.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # \_\_\_\_\_  
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- Charge my:     MasterCard     VISA     Discover
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- Billing Zip Code: \_\_\_\_\_ 3 Digit CVV Code: \_\_\_\_\_  
(Found on back of card)

Please print name as it appears on card

#### FIVE EASY WAYS TO REGISTER:



**REGISTER ONLINE** at: [www.ber.org](http://www.ber.org)



**EMAIL this form to:** [register@ber.org](mailto:register@ber.org)



**PHONE toll-free:** **1-800-735-3503**  
(Weekdays 5:30 am - 5:00 pm Pacific Time)



**FAX this form to:** **1-425-453-1134**



**MAIL this form to:** **Bureau of Education & Research**  
915 118th Avenue SE • PO Box 96068  
Bellevue, WA 98009-9668

#### Program Hours

- All Live Online Institute start times are described on the cover
- Check-in 15 minutes prior to the institute
- Live Online Institutes are five hours in length plus breaks
- Registrants will receive login information by email four days before their Live Online Institute

#### Fee

The registration fee is \$645 per person, \$595 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.** Fee includes institute registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Institutes or Recorded Institutes.

#### Cancellations/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the institute. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

#### Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at [www.ber.org](http://www.ber.org). The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

#### Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



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**TWO-DAY TRAIN-THE-TRAINER INSTITUTE**  
**Decrease Attention-Getting and Tantrum Behaviors:**  
**(Preschool – Second Grade)**  
**FALL 2022**

- **An outstanding two-day Live Online Institute**
- **Includes an extensive digital Resource Handbook**
- **Can't Attend? Order the Recorded Version to access online at your convenience**

VDR3F1



**Two-Day Train-the-Trainer Institute**  
**Current, Best Strategies to Decrease**  
**Attention-Getting and Tantrum Behaviors:**  
**Practical Solutions for Disruptive Students**



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