

Strengthening Your Pre-K – 2nd Grade Students' EXECUTIVE FUNCTION SKILLS



A Unique One-Day Live Online Seminar Presented by

NEW Seminar Presented By

Peggy Campbell-Rush

Outstanding Educator, Author, and Nationally Recognized Speaker

Specifically Designed for General Education Staff, Support Staff, and Other Educators Working with Students in Pre-K – 2nd Grade Who Struggle to Learn Because of a Lack of Organizational, Time Management, Self-Regulation and other Executive Functioning Skills

Dozens of practical strategies that can be used in your classroom tomorrow to help ALL Pre-K – 2nd Grade students who have difficulty maintaining attention and organizing their time, tasks, personal space, and materials in their general education classroom

Practical ways you can **adapt your instruction to enhance students' ability to develop and use key executive function skills** to increase their school success

Help your Pre-K – 2nd Grade students improve in these key executive function areas: **organization, cognitive flexibility, memory, self-regulation, attention and task initiation**

Demonstrations, activities, real classroom examples and a comprehensive digital resource handbook you can take back and begin using immediately with your students

LIVE ONLINE SEMINARS

January 6

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

January 26

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*'Learned a ton of
extremely valuable
information.'*

– KIM ROBINSON, MATH
INTERVENTIONIST

Ten Key Benefits of Attending

"I learned so much today. Thank you!"

– ESTEFANIA RAMIREZ
DELGADO, INSTRUCTIONAL
ASSISTANT



Who Should Attend

General Education Staff, Support Staff, and Other Educators Working with Students in Pre-K – 2nd Grade Who Struggle to Learn Because of a Lack of Organizational, Time Management, Self-Regulation and other Executive Functioning Skills

- 1. Practical Strategies to Address Executive Function Weaknesses that Prevent Students from Finding Success in School**
Learn which skills are attainable for Pre-K – 2nd Grade students ... Classroom proven strategies to teach your students who struggle to think and act in an organized way to manage their time, tasks, schedules, assignments, and behavior
- 2. Discover the Connection to Research: What it Teaches Us About Best Practices for Instruction**
Executive function work is all based on current research about how the brain takes in, processes and stores information ... Learn the practical application of this research and how it will greatly benefit your students
- 3. Proven Strategies to Improve Your Students' Skills in Key Executive Function Areas**
Executive functioning helps students to pay attention, manage time, control impulsive behavior, have appropriate social behaviors, and organize their brains for learning ... Learn strategies to help your students who have difficulty in these areas so they can experience greater success and increased independence
- 4. Bridge the Gap for Students Lacking Critical School Readiness Skills**
Strategies you can use immediately to develop skills that will help students organize information for learning, growing and maturing in developmentally appropriate ways
- 5. Classroom-Tested Strategies for Managing Stress, Managing Time, and Increasing On-Task Behavior**
Learn practical strategies to build in your students those skills specific to managing stress, managing time, and staying on task longer
- 6. Reduce Student Stress and Improve Student Behavior**
Learn ways to help your students better handle the stress often felt as they develop their Executive Function skills ... Significantly improve student behavior through practical solutions for impulse control, self-regulation and self-management
- 7. Increase Working Memory and Decrease Disorganization**
Help your students better remember new learning ... Teach your students tools and strategies to increase their organizing skills for success in and out of the classroom
- 8. Easy Ways to Adapt Your Instruction and Classroom Structure**
Techniques and tips that work to adapt your teaching for all students, but especially those who have difficulties with key executive functioning skills ... Quick and easy ideas to set up routines that work best with young children
- 9. Tools and Strategies to Teach Independence and Emotional Regulation**
Learn how to help our youngest learners to begin to become more independent with strategies that teach steps in planning, implementing the plan and self-regulating
- 10. Receive an Extensive Digital Resource Handbook**
Each participant will receive a comprehensive digital resource handbook developed specifically for this seminar filled with strategies, ideas and research-based tips, tricks and techniques that will support you when you return to your classroom and school

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- Strengthen your **Pre-K – 2nd Grade students' EXECUTIVE FUNCTION SKILLS**
- Dozens of practical strategies designed to **increase attention, focus and impulse control**
- Recognize and strategize to **teach your students who struggle to think and act in an organized way** to manage their time, tasks, attention and behavior
- Strategies for **inclusive and general education classrooms**
- Executive function skills to **increase student success** in social emotional functioning
- Understand **how stress impacts young learners** and their Executive Functioning skills and discover specific strategies that work
- **Flexible problem solving strategies** to fit the needs of specific students
- **Emotional regulation strategies** you can use immediately
- Simple yet effective **tips for organization**
- **Memory strategies** for working memory, short-term memory and long-term memory
- **Clearly define key executive function skills** and how they impact academic and social success in our youngest learners
- **Easy, doable strategies** you can use immediately in the classroom or resource room
- **Proven ideas** to help students with each area of Executive Functioning Skills
- **Set up all your students for success** in a general education classroom and an inclusive classroom
- Dozens of practical strategies to teach students to have **cognitive flexibility and emotional control**



'Great seminar! I definitely learned so much today and I want to thank Peggy for all her hard work.'

– CARMEN LOPEZ, KINDERGARTEN TEACHER

Practical Ideas and Strategies

There has been a marked increase in the diagnosis of our young students who have weaknesses in executive function skills. Common characteristics can include difficulty with task initiation, organization, cognitive flexibility, memory, emotional control and time management. In this **NEW** fast-paced seminar, **Peggy Campbell-Rush** will demonstrate how to recognize and assess the impact on behavior and learning and most importantly, give you a toolbox filled with practical strategies to help your Pre-K – 2nd Grade students with executive function difficulties. You will not want to miss this day filled with highly effective ideas and interventions to help your students become more independent and develop greater executive control of their time, tasks, and emotions.



A Message From Seminar Leader, Peggy Campbell-Rush



Uniquely Qualified Instructor

Award-winning educator **PEGGY CAMPBELL-RUSH** is proud to share her passion and expertise on the development and strengthening of executive function skills in Pre-K – 2nd grade students. As an international presenter and author of multiple professional books, Peggy synthesizes her decades of experience to bring to her audience the most authentic, practical, classroom-tested strategies. Peggy's extensive experience provides a practical perspective for working successfully with students who have executive function deficits. You will leave this seminar reenergized and better equipped to deal with students who exhibit behavioral problems, inattentiveness and learning difficulties due to the lack of executive function skills. As an added bonus you will receive an extensive digital resource handbook packed with ideas and resources you can use and share with your colleagues the very next day.

Dear Colleague:

Do you ever hear any of these statements about your students?

"She breaks down at the littlest thing."

"He zones out, and I have a hard time getting his attention back."

"He seems smart enough but cannot get started on a task."

"Her organization is all over the place, and really causes problems."

"He just cannot keep the information taught today to use tomorrow!"

If you have heard, voiced, or even just thought any of these, I invite you to join me for a fast-paced, strategy filled day focused on Executive Functioning Skills for Pre-K – 2nd Grade students. Pulling from my decades of experience, I have compiled a specific toolbox of strategies, ideas and solutions for the issues we see when our students lack strong executive function skills. As you know, developing and strengthening executive functioning skills early on is so important for school success. Lack of these skills plays a role in school struggles for years to come. This seminar will help you intervene early and often to help all students achieve school and lifelong success.

Over the past decade we have witnessed an explosion of diagnoses related to young students who have difficulties in executive functioning. In addition, many of our general education students who do not have a diagnosis exhibit a lack of executive function skills and the impact on their ability to learn effectively is all too real.

In this stimulating and interactive seminar, designed for Pre-K – 2nd Grade general education and inclusive settings, you will learn how to recognize executive functioning deficits, assess their impact on learning and behavior, gain a toolbox of practical strategies for working with students, and learn how to integrate these strategies into your classroom tomorrow and beyond.

Do not miss this opportunity to understand how executive functioning or dysfunction makes or breaks students' ability to be successful in school. Come and learn new strategies and interventions that will make a significant difference for all your students.

Sincerely,

Peggy Campbell-Rush

P.S. I know you have the choice in choosing a professional development day that will meet your needs for the year. I promise, you will not be disappointed! Get excited!

"...learn how to recognize executive functioning deficits, assess their impact on learning and behavior, and gain a toolbox of practical strategies..."

What Your Colleagues Say About Peggy Campbell-Rush

*"I don't know if Peggy can fly faster than a speeding bullet or leap tall buildings, but she is **one of the BEST teachers in the country!**"*

*"Peggy speaks as a loving, caring teacher who believes in her students as learners and as human beings. Peggy gives **a myriad of great ideas to help all children.**"*

*"Forty years teaching and **FINALLY the BEST professional development I have ever experienced.** I absorbed so much and am so energized to go into my classroom tomorrow ready to make to help all my students."*

*"I have seen Peggy at work, and I am aware of the impact she has on her young students and on her fellow teachers. I have always been impressed by her **perception, practical classroom ideas and wisdom.**"*



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

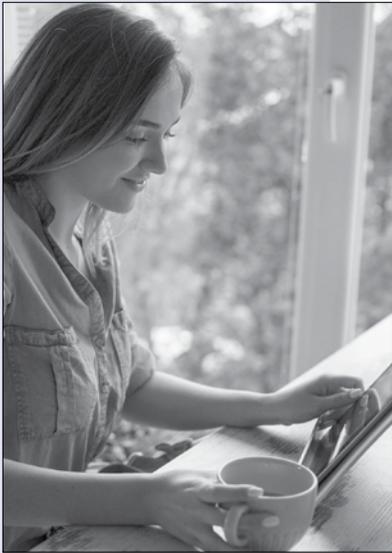
Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Best decision I ever made to come to this seminar. I knew what the EF skills were but never knew the easy, practical things I could do in my classroom to help my students.'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook specifically designed for this seminar. The handbook includes:

- Multiple strategies for meeting the needs of your students with executive function deficits
- Classroom-tested resources and next day ideas for organization, impulse control, memory, behavioral regulation, and attention/concentration
- Easy techniques and tip for teaching students cognitive flexibility, self-awareness, and stress/anxiety management
- Dozens of practical strategies for improving your students' executive function skills

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in improving the behavior and learning of their students.

Consultation Available

Peggy Campbell-Rush will be available to answer your specific questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Increase All Your Students' Learning with Practical, Timesaving Work Stations, for Grades PK-K*, and other executive function courses are available for immediate registration. To enroll, visit www.ber.org/online

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Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version
to access online at your convenience

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