

Improving the Emotional Well-Being of Your Students to Reduce Challenging Behaviors and Increase Learning (Grades 6-12)



A Unique One-Day Live Online Seminar Presented by

Carol Hincker

Outstanding Educator and National Presenter

**Designed Specifically for Grade 6-12 Classroom Teachers, Counselors,
Instructional Coaches, Special Education Staff, Title I Staff,
Instructional Assistants, and Administrators**

Tools to **strengthen the SEL Competencies**: Empathy, Self-awareness, Self-management, Social Awareness Relationship Skills, and Responsible Decision Making

Resources that support **establishing and maintaining positive relationships** with students and between students

Decrease challenging behaviors and creates an environment of trust in the classroom

Receive an extensive digital resource handbook with practical strategies and resources

CAN'T ATTEND?

Order the recorded version and take the seminar online at your convenience (see page 6)

LIVE ONLINE SEMINARS

March 3

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 9

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

April 21

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

April 27

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

*"Carol knows how to
make all of this so
practical and applicable
to real classrooms."*

Ten Key Benefits of Attending

*'Awesome seminar!
Very informative!'*



Who Should Attend

Grade 6-12 Classroom Teachers, Counselors, Instructional Coaches, Special Education Staff, Title I Staff, Instructional Assistants, and Administrators

1. **Decrease Challenging Behaviors and Emotional Well-Being**

Decrease challenging behaviors, increase student engagement and boost confidence in your students so that all students have the positive mindset needed to accelerate their learning

2. **Build Positive Relationships and Watch Learning Improve**

Relationship building is foundational to increased learning and should be ongoing rather than a series of beginning of the year activities ... Explore dozens of new ways to establish SEL habits that improve learning and develop positive behaviors throughout the year

3. **Cultivate a Community of Learners Where Interactions are Receptive Rather than Reactive**

Discover SEL strategies that enhance positive and emotionally safe behaviors ... Create a learning environment that reduces student anxiety, apathy, and charged emotional exchanges

4. **Set the Stage for Learning with Opening SEL Routines that Promote a Positive Mindset**

Help students overcome the challenges they bring with them to class ... Learn how to break the cycle of entering the classroom with negative behaviors

5. **Inclusive Practices that Positively Impact Student Learning**

Apply SEL and mindfulness strategies to help students respectfully engage in academic dialogue, support their thinking with evidence and resolve conflicts appropriately

6. **Develop Key Student Competencies that Decrease Challenging Behaviors and Open the Door to Improved Learning**

Examine which key student competencies need to be in place before learning can happen ... Discover how to better shape behavior and contribute to students' emotional well-being and success

7. **Prevent Emotional Escalations**

Identify easy-to-use strategies that incorporate mindfulness into the classroom without taking away from time-on-task or adding to your already full plate

8. **Maximize Learning by Embedding SEL into Academic Content**

Explore ways to authentically weave SEL into core instruction through rich, complex tasks that promote cultural, personal, social, and academic efficacy

9. **Re-establish Relationships When Things Have Gone Wrong**

Explore how missteps can be learning opportunities ... Build a deeper, more trusting relationship to prevent recurrences

10. **Receive an Extensive Digital Resource Handbook**

Leave with an extensive digital resource handbook and access to online resources with the newest ideas, strategies, and tips for improving the emotional well-being of your students to reduce challenging behaviors and increase learning in the secondary classroom

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- SEL protocols that lead to **positive behaviors and more academic student conversations**
- **Curricular approaches** that embed social and emotional learning instruction into content areas setting up students for improved learning and success
- Practical strategies to gain **student interest at the start of the lesson and keep it throughout**
- Help your students recognize their own challenging behaviors ... Utilize a framework to develop **skills for self, interpersonal skills and skills as a community member**
- Engaging SEL strategies for **students to establish and maintain healthy and positive relationships with peers and adults**, resolve conflicts respectfully and seek help when needed
- Framework to **teach the skill of responding rather than reacting**
- **Tips to reduce “teacher talk”** and put more learning in the hands of the students
- Game plan for creating a **more mindful community of learners in an emotionally safe classroom** environment
- **“Do Now’s” that provide students with choices** and connect prior learning through the lens of SEL
- Framework for **building SEL closure into academic lessons**
- Formula for **student conflict resolution**, that fosters personal accountability and responsibility
- Tools for students to become **active participants in their learning and regulation of their behaviors**

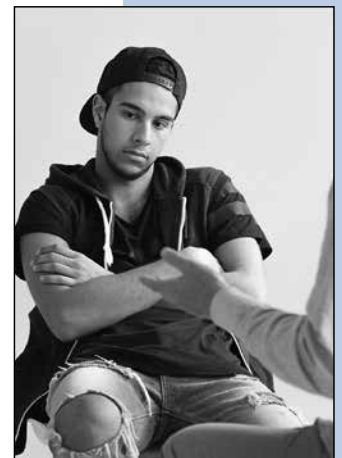


“Carol did a fantastic job preparing useful information. She is obviously very knowledgeable about the topic of student behavior and supports. Our questions were addressed promptly and helpfully.”

Practical Ideas and Strategies

This informative and interactive seminar will provide practical techniques for strengthening the learning of your students by addressing their social emotional needs and decreasing their challenging behaviors. **CAROL HINCKER** understands that students who possess strong SEL skills are equipped with a powerful toolbox to help manage stress, self-regulate behavior, and maintain mental clarity. She will share dozens of ways to incorporate classroom-proven strategies into your content area instruction. These strategies are designed specifically to increase the emotional well-being of your grades 6-12 Students.

As teachers, we do not have control over what our students experience at home. This is where a disconnect can occur, regardless of how well structured and supportive our learning environments are. You can implement innovative strategies that your students can lean on to improve their overall emotional well-being and decrease their challenging, negative behaviors. Discover classroom-proven techniques that are easy to integrate into your existing classroom culture. Learn how to decrease disruption and increase calm and clarity ... leading to a significant increase in student engagement. Watch your students begin to soar as these practical tools become natural habits in your classroom. You will leave this seminar with a new toolkit to help your students enhance their emotional well-being and build greater academic success.



A Message From Seminar Leader, Carol Hincke



Uniquely Qualified Instructor

CAROL HINCKER is a seasoned educator with over 30 years of experience in schools. She has worked with students, teachers, and families around challenging behavior. This included work as a special education teacher at middle and high schools, a behavior consultant and a special education administrator. Carol served students from some of the most affluent communities as well as some of the most economically disadvantaged.

Carol has provided countless presentations on behavior and school culture related topics at the local and national levels. Her seminars are always well received as she integrates her vast experience, practical strategies and sense of humor. Get ready for a fun interactive day full of strategies that can be used in any classroom. Carol is the author of *Improving the Emotional Well-Being of Your Students to Reduce Challenging Behaviors and Increase Learning (Grades 6-12)*, a comprehensive digital resource you will receive and dig into during this engaging one-day seminar.

Dear Colleague:

One of the greatest compliments I received was from a principal who said "Carol gets it." I understand what teachers are going through in the demanding and fast paced environment of a school setting. Looking through a teacher's eyes at the practicality of implementing classroom/behavior management strategies is key to developing a successful plan of action that reduces challenging behaviors and increases learning.

How do we best improve the social emotional well-being of our students and decrease challenging behaviors? In this new seminar designed specifically for teachers working with grades 6-12 students, we will discover just what to do.

Here are some of the topics we will uncover:

- Importance of routines
- Behavior as a skill deficit
- Building and nurturing relationships
- How to get at the root of behaviors and find success with all your students
- And so much more!

Challenging behavior can be one of the most exhausting parts of being a teacher. In fact, disruptive behavior is commonly cited among the top reasons teachers leave the profession. It doesn't have to be that way.

Join me for a day of dissecting behavior while learning classroom proven strategies you can implement immediately in your classroom to improve the emotional well-being of your grades 6-12 students, increase learning for all and make teaching fun again!

Sincerely,

Carol Hincker

P.S. You will receive an **extensive digital resource book** and access to online resources with the newest ideas, strategies, and tips for improving the emotional well-being of your students to reduce challenging behaviors and increase learning in your grades 6-12 classroom.

"Join me for a day of dissecting behavior while learning classroom proven strategies you can implement immediately in your classroom to improve the emotional well-being of your grades 6-12 students..."

What Your Colleagues Say About Carol Hincker

"The content was relevant and meaningful. The day flew by!"

"Carol gets it! She clearly knows what we face every day in the classroom with challenging behavior."

"Carol is so engaging! I love the specific examples she gave and can't wait to use these strategies."

"Carol is awesome! Thank you for so many great, easy to use ideas."



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

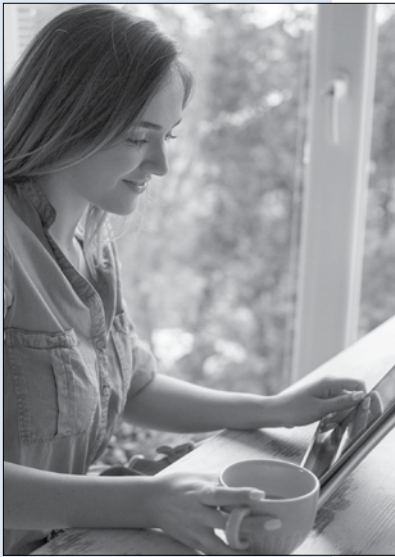
Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



'Carol's vast knowledge of how best to strengthen relationships and connect with kids is impressive.'

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Ready-to-use activities that support establishing and maintaining positive relationships with students and between students
- Tips to empower your students with routines for learning that increase confidence and establish self-regulation
- Strategies to increase student motivation and engagement in purposeful learning
- Practical approaches to integrate SEL competencies in academic content
- Techniques to strengthen student voice and choice in the classroom

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in improving the emotional well-being of their grades 6-12 students.

Consultation Available

Carol Hincker will be available to answer your specific questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Motivation, Mindset and Grit: Practical, Proven Strategies to Increase Learning*, for Grades K-12, is available for immediate registration. To enroll, visit www.ber.org/online

Improving the Emotional Well-Being of Your Students to Reduce Challenging Behaviors and Increase Learning (Grades 6-12)

Registration (LES3S1)

1. **March 3, 2023** (Start time: 9 AM Eastern)
2. **March 9, 2023** (Start time: 9 AM Central)
3. **April 21, 2023** (Start time: 9 AM Eastern)
4. **April 27, 2023** (Start time: 9 AM Central)
- or —
5. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
<hr/>	
SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
()	()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	

IMPORTANT – PRIORITY ID CODE: ELES3S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person;

for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
- A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
- Charge my: MasterCard VISA Discover
- Account # _____ Exp. Date: _____
MO/YR
- Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card


FIVE EASY WAYS TO REGISTER:

 **REGISTER ONLINE at: www.ber.org**

 **EMAIL this form to: register@ber.org**

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX this form to: 1-425-453-1134**

 **MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.



LES3S1

© 2022 Bureau of Education & Research. All rights reserved.



BUREAU OF EDUCATION & RESEARCH
 915 118th Avenue SE
 PO Box 96068
 Bellevue, WA 98009-9668
www.ber.org

Prsrt Std
 U.S. Postage
PAID
 Bureau of
 Education &
 Research

Improving the Emotional Well-Being of Your Students to Reduce Challenging Behaviors and Increase Learning (Grades 6-12)



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

Improve the Emotional Well-Being of Your Students: Reduce Challenging Behaviors and Increase Learning (Grades 6-12)

LES351



Improving the Emotional Well-Being of Your Students to Reduce Challenging Behaviors and Increase Learning (Grades 6-12)

Live Online Seminar or
 Recorded Version



A Unique One-Day Live Online Seminar
 (Or Order the Recorded Version to Access Online at Your Convenience)

Presented by

Carol Hincker

Outstanding Educator and National Presenter

Tools to **strengthen the SEL Competencies:** Empathy, Self-awareness, Self-management, Social Awareness Relationship Skills, and Responsible Decision Making

Resources that support **establishing and maintaining positive relationships** with students and between students

Protocols that **decrease challenging behaviors and creates an environment of trust** in the classroom

Receive an **extensive digital resource handbook** with practical strategies and resources