

Practical TRAUMA-INFORMED Teaching Strategies to Increase Student Success



A Unique One-Day Live Online Seminar Presented by

Linda J. Davidson

National Presenter, Consultant, Behavior and Trauma Expert

**Specifically Designed for Educators Serving Grades PK-12:
General Education Teachers, Special Education Staff, Counselors,
Instructional Assistants, Program Specialists, Title I Staff,
School Psychologists, and Administrators**

Highly effective, classroom-tested Trauma-Informed strategies to help you make a real difference with students affected by trauma

Practical strategies for creating supportive Trauma-Sensitive classrooms where students can thrive and learn at their best

Tools to strengthen attention, self-regulation, working memory, executive function, and other deficits commonly associated with childhood and adolescent trauma

Ways to optimize Trauma-Sensitive strategies and tailor Trauma-Informed interventions to students' specific needs for improved instructional, behavioral and academic outcomes

Live Online Seminars

March 8

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 16

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*"Linda made the
training fun and
provided many resources
and strategies."*

Ten Key Benefits of Attending

"I am anxious to go back and share these ideas with my peers and implement them in my classroom. This was the best workshop I have attended in a long time."



Who Should Attend

Educators Serving Grades PK-12: General Education Teachers, Special Education Staff, Counselors, Instructional Assistants, Program Specialists, Title I Staff, School Psychologists, and Administrators

- 1. Highly Effective, Classroom-Proven Trauma-Informed Strategies**
More than ever we see students greatly impacted by trauma ... Gain the essential tips, tools and strategies you need in order to make a marked difference in the lives of grades PK-12 affected by trauma
- 2. Learn to Identify the Signs, Symptoms and Types of Trauma**
Examine trauma symptoms and associated behaviors in order to recognize when and how best to provide appropriate interventions ... Decrease stress and increase student engagement and learning
- 3. Build Your Toolkit of Trauma-Sensitive Interventions and Approaches**
Gain a plethora of Trauma-Informed tools, approaches and interventions to improve instructional, behavioral and academic outcomes of the students affected by trauma ... Learn how to optimize strategies and tailor interventions to students' specific needs
- 4. Support Students Who Have Experienced Trauma Across Diverse Settings**
Discover highly effective strategies that can be used across various settings at school and during distance learning, from small group to whole group, from inside to outside the classroom ... Ways to set up supports beyond the classroom so students and staff can successfully access them
- 5. Help Students Affected by Trauma Move from Learning-Blocked to Learning-Ready**
Acquire the key and necessary components your Trauma-Affected students need in order to jump the hurdles that trauma presents ... Learn practical ways to strengthen students' attention, self-regulation skills, executive functioning, and working memory
- 6. Gain Valuable Tools to Use with Your Most Challenging Students Affected by Trauma**
Develop a plan that includes Trauma-Responsive supports for students who act out because of their trauma background ... Learn Trauma-Responsive classroom strategies and ways to keep students actively engaged and focused to maintain their learning momentum
- 7. Essential Self-Care Practices for Staff Working with Students Affected by Trauma**
Gain a variety of important self-care practices to help staff avoid developing "compassion fatigue" ... Learn ways to remain at our best and avoid burnout, so we can continue to help students affected by trauma
- 8. Establish Consistent Structures and Responses to Support Student Success**
Design your own response continuum to ensure the consistency that students from trauma need ... Receive valuable tools for helping teams respond with greater consistency for successful implementation of these effective, evidence-based practices
- 9. What Effective Trauma-Informed Classrooms Do Differently**
Discover the Three Rs ... relationship, responsibility, and regulation ... Learn ways to support students and design interventions aimed at meeting the unique learning needs of students with trauma backgrounds
- 10. Receive a Valuable Trauma-Informed Strategies Digital Resource Handbook**
You will receive a detailed digital resource handbook, specifically designed for this seminar and filled with practical, classroom-proven Trauma-Informed strategies, ideas and approaches for helping students from grades PK-12 who have experienced trauma

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Highly effective, classroom-proven Trauma-Informed strategies** to help you make a difference in the lives of your students who have experienced trauma
- Discover **common types of trauma and adverse childhood experiences** of children and adolescents
- Help students **move beyond learning-blocked to learning-ready** through key and necessary components for breaking down obstacles that trauma presents
- **Ways to avoid creating secondary traumatic stress** symptoms in grades PK-12 students
- **Trauma-Responsive interventions** for small group, whole group and classroom settings
- How staff can engage in **vital self-care practices** to reduce the effects of “compassion fatigue”
- **How to address student needs** and manage behaviors often associated with trauma
- Ways to equip students affected by trauma with important self-regulation strategies ... **Develop effective self-talk, self-monitoring, goal setting, and self-evaluation**
- Ways to **enhance working memory, attention and executive function** in grades PK-12 students with a trauma background
- How to **strengthen and build resilience needed for students** from trauma to sustain their success in the future
- **How disabilities may influence behaviors** we see from children and adolescents with trauma backgrounds



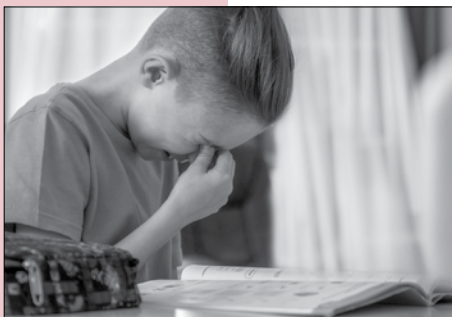
“Linda not only provides you with great content and strategies, but she takes her time to make sure you understand it well enough to apply successfully. I’m so glad I attended!”

Practical Ideas and Strategies

More than ever we see students greatly impacted by trauma in our schools. What should we do differently for such students? How can we even know which students may have trauma in their life now or in the past? How can we help in the best possible way? We will explore the answers to these and many more important questions. In this one-day, highly practical seminar, behavior and trauma expert **LINDA DAVIDSON** will focus on effective Trauma-Informed tools, strategies, interventions and supports specifically designed for any educators who work with students affected by trauma. Discover common types of trauma that occur in children and adolescents and learn to recognize the symptoms and behaviors associated with children or adolescents who have experienced trauma. The focus of this seminar will be on practical and proven Trauma-Informed approaches, strategies, and interventions educators can powerfully use in their daily work with students. All the approaches Linda shares are geared toward improving instructional, academic and behavioral outcomes of PK-12 students impacted by trauma. We will also explore key cautions for staff in avoiding “compassion fatigue,” as well as how to engage in self-care. You will leave this seminar with a renewed commitment and an expanded toolkit of valuable Trauma-Informed strategies designed to make a difference with students impacted by trauma.



A Message From Seminar Leader, Linda Davidson



Uniquely Qualified Instructor

LINDA DAVIDSON is a highly experienced educator, sought after consultant, and national presenter with extensive experience with Trauma-Informed strategies. She has worked in the field of education for over 35 years in a variety of roles including special and general education teacher at both the elementary and secondary levels. She brings a unique skill set in working with students who have trauma backgrounds. Linda is the author of, *Practical TRAUMA-INFORMED Teaching Strategies to Increase Student Success*, the extensive digital resource handbook each participant will receive at the seminar. Her fast-paced seminar is built on trauma research that is translated into practical, easy-to-use strategies to support students affected by trauma.

Join Linda for a vital day full of essential Trauma-Informed strategies to truly help you make a difference in the lives of students affected by trauma.

Dear Colleague:

Too many students today come to school with stories we don't always get to see. Situations outside of school create stress and may cause our students to arrive at school not learning-ready. These are the children of trauma. This block can occur as a result of trauma experienced in their lives. We frequently struggle trying to identify the best ways to address behaviors and symptoms that occur in the classroom as a result of trauma. Now, more than ever, we need strategies!

I've come to learn as educators we possess a great deal of knowledge about effective strategies, but we often do not know how best to match these to the specific needs of our students with backgrounds of adverse experiences and traumatic stress. In my extensive work as both a teacher and consultant, I have learned firsthand many effective strategies and approaches for supporting students in grades PK-12 who are Trauma-Affected. It is my goal to share with you the best of what I and other respected experts in the field have found to be effective.

I want to add practical, classroom-proven Trauma-Informed strategies to your existing repertoire of effective approaches and resources. I want to equip you with ideas to tweak and adjust the approaches, interventions and strategies you already use to strategically address the unique needs of students from trauma backgrounds.

We will explore a framework for matching strategies to student needs. We will look at Trauma-Informed methods to strengthen the impact of instruction. In my experience, strengthening students' working memory, attention and executive functioning skills are critical elements for our students with a history of trauma.

Please join me for a learning-rich day on this incredibly important topic! I cannot wait to share my resources and knowledge with you!

Sincerely,

Linda J. Davidson

P.S. Students who have experienced trauma need YOU, and they need you to respond with a variety of effective Trauma-Informed approaches. I hope you will take this opportunity to gain these essential tools.

"I want to add practical, classroom-proven Trauma-Informed strategies to your existing repertoire of effective approaches and resources."

What Your Colleagues Say About Linda Davidson

"Linda is very knowledgeable and passionate. This seminar provided hands-on and real-life examples that allowed educators to relate to and process the information. This was the best seminar I have been to so far!"

*"Linda was an **amazing instructor** at today's seminar. I enjoyed her insight on all these new ideas. I can't wait to use them in our school."*

*"I learned so much today; my head is filled with ideas to use with my students. **I feel more prepared to help my students** with severe behavior issues."*

*"This was very helpful! Thanks so much! I loved all the personal examples Linda used to explain the strategies and **plethora of resources** she provided. I look forward to utilizing these strategies and sharing them with my teachers!"*



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



"I gained so much information and many practical strategies that I can use right away."

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- An effective framework for matching student needs to interventions, strategies and supports
- Easy-to-implement, classroom-proven strategies and interventions to help students move from learning-blocked to learning-ready
- Samples, templates and materials to use with students and for team planning, collaboration and documentation
- Fact sheets, reference guides and strategy protocols for trauma and resilience – all ready to copy and share

Consultation Available

Linda Davidson will be available to answer your specific questions about the unique needs of your own program.

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in trauma-informed teaching strategies to increase student success.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow-up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Practical Strategies for Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, and *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

Practical TRAUMA-INFORMED Teaching Strategies to Increase Student Success

Registration (DTD3S1)

1. **March 8, 2023** (Start time: 9 AM Eastern)
 2. **March 16, 2023** (Start time: 9 AM Central)
— or —
 3. I'd like to order the recorded version of this seminar

FIRST NAME M.I. LAST NAME

POSITION, SUBJECT TAUGHT GRADE LEVEL

SEMINAR LOCATION NUMBER: _____ (Please see list above)

List additional registrants on a copy of this form

SCHOOL NAME

SCHOOL MAILING ADDRESS

CITY & STATE ZIP CODE

SCHOOL PHONE NUMBER HOME PHONE NUMBER

() ()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)

HOME MAILING ADDRESS

CITY & STATE ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDTD3S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person, for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
 A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)

Charge my: MasterCard VISA Discover


Account # _____ Exp. Date: _____
MO/YR


Billing Zip Code: _____ 3 Digit CVV Code: _____
(Found on back of card)

Please print name as it appears on card


FIVE EASY WAYS TO REGISTER:

 **REGISTER ONLINE** at: www.ber.org

 **EMAIL** this form to: register@ber.org

 **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)

 **FAX** this form to: **1-425-453-1134**

 **MAIL** this form to: **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online** Seminars are scheduled 9:00 a.m. – 3:30 p.m. in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions:

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



DTD3S1

© 2022 Bureau of Education & Research. All rights reserved.



915 118th Avenue SE
PO Box 96068
Bellevue, WA 98009-9668
www.ber.org

Practical TRAUMA-INFORMED Teaching Strategies to Increase Student Success



An outstanding one-day Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version
to access online at your convenience

Increase Student Success Using TRAUMA-INFORMED Strategies

DTD351



Practical TRAUMA-INFORMED Teaching Strategies to Increase Student Success

Live Online Seminar or
Recorded Version



A Unique One-Day
Live Online Seminar
(Or Order the Recorded Version to Access Online at Your Convenience)

Presented by

Linda J. Davidson

National Presenter, Consultant, Behavior and Trauma Expert

Highly effective, classroom-tested Trauma-Informed strategies to help you make a real difference with students affected by trauma

Practical strategies for creating supportive Trauma-Sensitive classrooms where students can thrive and learn at their best

Tools to strengthen attention, self-regulation, working memory, executive function, and other deficits commonly associated with childhood and adolescent trauma

Ways to optimize Trauma-Sensitive strategies and tailor Trauma-Informed interventions to students' specific needs for improved instructional, behavioral and academic outcomes