

RESTORATIVE PRACTICES in the Classroom:

Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively



A Unique One-Day Live Online Seminar Presented by

Alan Krenek

Outstanding Teacher and Presenter

Specifically Designed for Classroom Teachers, Title I Staff,
Special Education Staff, Behavior Intervention Specialists, Counselors,
Instructional Assistants, School Improvement Teams, Discipline
Committee Members, and Administrators Serving Grades K-12

Practical ideas for effectively using a **restorative mindset approach**

Teacher-tested strategies for building a more productive learning environment creating quality relationships, strengthening interpersonal skills and promoting high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic behaviors while increasing their desire to act more responsibly and respectfully

Innovative techniques that help students develop more effective skills to deal with difficult situations

LIVE ONLINE SEMINARS

March 14

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

March 16

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 22

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

March 29

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

*Alan is an incredible
speaker! He lives the job so
he can speak to educators.'*

- MATT MORELAND, PRINCIPAL

Ten Key Benefits of Attending

Alan is a wonderful, inspirational, knowledgeable, and interesting presenter! His love for students and for the teaching profession is evident.

– KAY HELFRICH, TEACHER



Who Should Attend

Classroom Teachers,
Title I Staff, Special
Education Staff,
Behavior Intervention
Specialists, Counselors,
Instructional Assistants,
School Improvement
Teams, Discipline
Committee Members,
and Administrators Serving
Grades K-12

- 1. Reduce Teacher Time in Discipline**
Learn proven strategies to reduce teacher time in discipline, increase time for instruction and learning and help students take greater ownership of their own behavior
- 2. Guide Students to Improve Their Behavior and Strengthen Their Learning**
Discover the power of providing a roadmap to students to understand how their own behavior is impacting learning in the classroom with the Surface Discussion
- 3. Reduce Student Misbehaviors**
Dramatically decrease your students' misbehaviors using restorative discipline strategies that emphasize relationships rather than retribution
- 4. Help Students Improve Their Behavior**
Discover practical, classroom-tested restorative discipline strategies for helping students improve their behavior
- 5. Decrease Power Struggles**
Discover specific ways to decrease power struggles without losing respect ... Learn how to verbally respond to upset or out-of-control students to de-escalate tense situations and lay the groundwork for positive outcomes
- 6. Respond Effectively to Problematic Behavior**
Intervene appropriately in teaching students constructive skills for dealing with trigger situations to stop recurring behavior problems
- 7. Utilize Constructive Alternatives to Suspension and Detention that Focus on Teaching and Learning, Not Punishment**
Learn how to create a restorative mindset that focuses on keeping, making and building peace by shifting the focus from rules to relationships
- 8. Switch the Emphasis of a Lesson-Based Focus to Relationships First**
Learn easy-to-implement strategies that help you to prioritize and build sustainable relationships as an essential foundation to the content lessons you teach
- 9. Build Greater Trust and Respect**
Discover how a relationship-centered approach to classroom management can build greater empathy, trust, respect, and optimism in students and staff
- 10. Receive a Valuable Restorative Practices Digital Resource Handbook**
You will receive a restorative practices digital resource handbook filled with the techniques, strategies and activities discussed in the seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- **Practical ways to incorporate a restorative mindset approach**
- Realistic and doable strategies to create a more emotionally safe classroom **through building trusting relationships**
- How to make a positive mindset a part of your daily classroom culture **so your students model positive interactions**
- **Specific strategies** to adjust your responses to help guide students toward their own behavior change
- How to **take yourself out of the conflict cycle** when teaching underperforming and unmotivated students
- **Down-to-earth, common sense methods** to effectively communicate with the most challenging students
- How to **encourage positive change in students** by facilitating, not punishing
- **Ways to help your students better regulate their thinking**, emotions and behaviors for success
- **How to effectively use relationships with students** to solve problems
- **Powerful ways to develop a learning atmosphere** that builds positive relationships and fosters mutual respect
- **How to create a culture of accountability** with effective ways to hold students accountable
- **Ways to help students own their behaviors** rather than disown them with excuses and blaming
- **Effective ways to stay emotionally neutral** while working with difficult and defiant students



Alan knows his stuff! Not your typical PD - very energetic. He gave me hope that I'm on the right track on and showed me where I have work to do. Inspiring!

– PAM LONG, SPEC. ED. TEACHER

Practical Ideas and Strategies

In this outstanding seminar, **Alan Krenek**, nationally-recognized expert on restorative practices, will share dozens of practical strategies you can use immediately to develop and maintain a more positive, productive learning environment that is focused on teaching and learning by utilizing a restorative practices approach. Alan will share proven ways to significantly reduce instructional time lost to student behavior issues by helping students develop a greater understanding of how their behaviors affect you and others. You'll learn how an emphasis on restoring relationships rather than punishment when misbehavior occurs can be a valuable opportunity for learning.

You'll leave this seminar with an extensive restorative practices digital resource handbook and dozens of strategies to help students develop more positive relationship skills and become more responsible and accountable for their own behavior.



A Message From Seminar Leader, Alan Krenek



Uniquely Qualified Instructor

Experienced as a special education teacher, behavior specialist, and school administrator, **ALAN KRENEK** has a unique understanding of a school day from both the teacher and campus administrator perspective. As a teacher, he taught students with behavior and emotional challenges – building relationships that transcended the school’s walls. Outside the classroom, he championed for students – ensuring their voices were heard and needs met. As a behavior specialist, Alan began working with educators to equip them with proven instructional and behavioral strategies necessary to transform their classrooms. His passion for helping students and educators led him to restorative practices, an alternative method for managing disruptive behavior. Now, Alan is an energetic and engaging national presenter specializing in restorative practices. **Participants leave Alan’s lively, practical seminars informed and empowered to begin creating more productive learning environments where students take greater responsibility for their own behavior.**

Dear Colleague:

We are confronted with student behaviors every day that interfere with the learning process and result in a loss of valuable instructional time. Unfortunately, most traditional exclusionary school management practices are hierarchical and employ punitive sanctions to address these student misconducts. This approach is now widely recognized as efficient but ineffective. It fails to create a constructive learning environment in which students can flourish and rarely reduces student misconduct in the long term. There is mounting evidence that a shift from this traditional practice toward a restorative classroom climate can break this cycle. Successes and challenges in creating this learning environment begin with educators who understand and embrace the theory, values, and principles of teaching with a more proactive relational mindset and apply them with fidelity in their schools.

I’ve created this seminar to share practical, commonsense ideas, strategies, techniques, and methods with restorative practices as a foundation. I am confident that you can put these valuable tools to use to help students see themselves as able, capable, and responsible. In a short amount of time, you’ll find yourself not only dealing more effectively with challenging behaviors when they occur, but also developing the skills and attitudes to make it less likely that behavior challenges will happen in the future. I look forward to meeting you at the seminar and working with you soon!

Sincerely,

Alan Krenek

P.S. Spend a day with me and **discover the power of restorative practices and authentic connections** for transforming your learning environment and the relationships you have with students.

“I’ve designed this seminar to help you step outside of the ‘box’ we often find ourselves in as educators and discover a more effective way of dealing with difficult behaviors.”

What Your Colleagues Say About Alan Krenek

*"Alan is **a great speaker!** He is energetic and kept my attention the entire time. I have gained a lot of tools that I will definitely use in my classroom and share with my fellow teachers."*

– Jill Schmelz, Teacher

*"Alan presented totally engaging and realistic **material to apply in my classroom tomorrow.** I am excited to pass along my new knowledge to my team of teachers."*

– Katelyn Cooper, Teacher

*"Alan's **seminar accomplishes so much in giving a new mindset, practical strategies that are doable and inspiration** to be a more loving, patient and effective professional."*

– Marcia Tinman, Paraprofessional

*"Alan **provides helpful strategies to implement in the classroom.**"* – Amy Borowiec, Teacher



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources.

Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



Alan's seminar
is extremely
informative
and helpful."

– CLIFF BRUGMAN,
STUDENT COACH

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

You will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Strategies for increasing respectful, responsible and cooperative behaviors in hard-to-reach students
- Ready-to-use strategies for all students, even the most difficult
- Ideas for creating a consistent positive classroom environment with fewer discipline issues and more time for learning

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in improving the behavior and learning of their students.

Consultation Available

Alan Krenek will be available to answer your specific questions about the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

Two related On Demand Video-Based Online Learning courses, *Practical Strategies for Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, and *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, are available for immediate registration. To enroll, visit www.ber.org/online

RESTORATIVE PRACTICES in the Classroom: Powerful Strategies that Build Better Relationships and Manage Student Behavior More Effectively

Registration (DRK3S1)

1. **March 14, 2023** (Start time: 9 AM Central)
2. **March 16, 2023** (Start time: 9 AM Eastern)
3. **March 22, 2023** (Start time: 9 AM Eastern)
4. **March 29, 2023** (Start time: 9 AM Central)
- or—
5. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
<hr/>		
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
<hr/>		
SEMINAR LOCATION NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
<hr/>	
SCHOOL MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
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Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
<hr/>	
HOME MAILING ADDRESS	
<hr/>	
CITY & STATE	ZIP CODE
<hr/>	

IMPORTANT – PRIORITY ID CODE: EDRK3S1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person;
for teams of three or more registering at the same time, the fee is \$259
per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
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FIVE EASY WAYS TO REGISTER:

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-  **PHONE toll-free: 1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)
-  **FAX this form to: 1-425-453-1134**
-  **MAIL this form to: Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for Live Online Seminars or Recorded Seminars.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at **www.ber.org**

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.



DRK3S1

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 to access online at your convenience**

Restorative Practices Reduce Behavior Problems, Increase Learning

DRK351



**RESTORATIVE PRACTICES
 in the Classroom:**
**Powerful Strategies that Build
 Better Relationships and Manage Student
 Behavior More Effectively**

**Live Online Seminar or
 Recorded Version**



**A Unique One-Day Live Online Seminar
 (Or Order the Recorded Version to Access Online
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Presented by
Alan Krenek
Outstanding Teacher and Presenter

Practical ideas for effectively using a **restorative mindset approach**

Teacher-tested strategies for building a more productive learning environment creating quality relationships, strengthening interpersonal skills and promoting high-quality instruction

Practical, easy-to-implement methods for reducing students' problematic behaviors while increasing their desire to act more responsibly and respectfully

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