

RESTORATIVE DISCIPLINE: Help Students Change Their Behavior and Improve Their Learning (Grades K-12)



A Unique One-Day In-Person Seminar or Live Online Seminar Presented by

Tricia Wells

Outstanding Educator, Behavioral Specialist
and National Presenter

Specifically Designed for Grades K-12 Classroom Teachers, Special
Education Staff, Counselors, Support Personnel, Title I Staff,
Instructional Assistants, and Administrators

Proven Restorative Discipline approaches that decrease the need for traditional or punitive approaches and increase instructional time

Practical strategies for addressing problematic behavior, teaching students skills to deal with difficult situations and increasing their desire to act more responsibly and respectfully

Teacher-tested strategies to **build a more productive learning environment, create quality relationships, strengthen interpersonal skills, and promote high-quality instruction**

Innovative techniques for more effectively using a restorative mindset approach in the classroom

Kansas

Wichita – January 26

Missouri

Kansas City (Blue Springs) –
January 27

Oklahoma

Oklahoma City – January 24
Tulsa – January 25

Texas

Dallas (Arlington) – January 23

LIVE ONLINE SEMINARS

February 2

9 AM Central, 8 AM Mountain,
7 AM Pacific, 10 AM Eastern

February 7

9 AM Eastern, 8 AM Central,
7 AM Mountain, 6 AM Pacific

CEUs and Graduate Credit Available
See page 6 for details

CAN'T ATTEND?

Order the recorded version
and take the seminar online at
your convenience (see page 6)

Ten Key Benefits of Attending

"Tricia is very engaging and informative. She taught powerful and effective strategies that can be readily applied in my classroom!"

– ANNEMARIE KENNEDY,
TEACHER



Who Should Attend

Grades K-12 Classroom Teachers, Special Education Staff, Counselors, Support Personnel, Title I Staff, Instructional Assistants, and Administrators

- 1. Significantly Decrease Discipline Problems While Increasing Instructional Time**
Discover the most essential Restorative Discipline practices designed to address student behaviors that impede learning ... Increase instructional time and promote accountability
- 2. Decrease Disruptive Behaviors and Strengthen Students' Social-Emotional Skills**
Build your repertoire of Restorative Discipline strategies to maximize your effectiveness in decreasing inappropriate behaviors and rewarding appropriate ones ... Help students learn and develop positive social-emotional skills
- 3. Increase Student Accountability, Responsibility and Access to the Curriculum**
Learn explicit restorative strategies that dramatically decrease misbehavior and increase student accountability and responsibility ... Gain practical, easy-to-implement strategies that gain back and increase valuable instructional time
- 4. Address and Prevent Angry, Maladaptive or Dangerous Student Behaviors**
Intervene effectively with students who have a history of escalating their disruptions
- 5. Develop a Responsive Classroom**
Decrease the need for traditional discipline practices with specific and practical approaches for developing a classroom focused on dignity, inclusiveness and shared responsibility
- 6. Switch the Emphasis from Catching Students Misbehaving to Helping them Learn and Grow**
Gain restorative strategies for using student mistakes in behavior as an opportunity for them to learn and focus on more positive, productive behaviors in the future
- 7. Utilize Constructive, Restorative Alternatives to Suspension and Detention that Focus on Teaching and Learning Rather than Punishment**
Learn how to create a restorative mindset that focuses on keeping students successfully in school and shifts the focus from rules to relationships
- 8. Build Greater Trust and Respect**
Discover ways to incorporate an invitational style of classroom management that builds trust, respect and optimism in students and staff
- 9. Respond Effectively to Problematic Behavior**
Master how to specifically respond to difficult, disruptive behavior without losing control of your emotions ... Successfully interact with your most challenging students while keeping each student's dignity intact (and your own)
- 10. Receive a Restorative Discipline Digital Resource Handbook**
You will receive an digital extensive resource handbook filled with the techniques, strategies and activities discussed in this seminar

Outstanding Strategies You Can Use Immediately

What You Will Learn ...

- **The most effective Restorative Discipline methods** for decreasing the need for traditional discipline while increasing instructional time for students
- **Proven Restorative Discipline techniques** that reduce student misbehavior
- **How to view misbehaviors and conflicts** as “teachable moments”
- **Outstanding teaching strategies** that help teachers implement necessary corrective discipline without resorting to consequences that are unrelated, unreasonable or disrespectful
- **Effective methods for reducing behavior referrals** and discipline-related time outside of class
- **Strategies for increasing students’ interpersonal and conflict resolution skills** to foster genuine personal accountability and responsibility
- **Verbal skills** that help students manage conflict, own their behavior and express empathy
- **Proven alternatives** to rewards and punishment
- A wealth of **practical ideas for building positive relationships** between students and educators, building greater trust, respect, and rapport
- **Positive approaches that move students away from punishment** and along a continuum from inappropriate behavior to remorse to making amends



‘The presenter was lovely and gave a whole new perspective to dealing with difficult behaviors.’

– KIM ROBINSON, SPEC ED TEACHER

Practical Ideas and Strategies

In this seminar, **Tricia Wells**, nationally recognized expert on restorative practices, will share numerous preventive measures that are designed to build skills and attitudes in students while producing healthy and productive relationships among students and staff. You will learn a proven system of restorative practices that repair damaged relationships through reflective conversations that give students an opportunity to become aware of the harm they have caused and develop plans to make amends and move forward with a more positive attitude and behavior in the future.

You’ll leave this seminar with an extensive digital resource handbook, a wealth of ideas for utilizing a restorative discipline approach and a renewed desire to make a difference in the lives of your most challenging students.



A Message From Seminar Leader, Tricia Wells



Uniquely Qualified Instructor

TRICIA WELLS is experienced as a classroom teacher, principal, behavioral specialist consultant, and staff developer. She has extensive experience supervising programs for students with behavior disorders, including serving as the assistant principal in charge of discipline at Boys Town, Nebraska. She is the author of *RESTORATIVE DISCIPLINE: Help Your Students Improve Their Behavior and Strengthen Their Learning*, the extensive resource handbook each participant will receive at the seminar. Tricia is the co-author of numerous training materials in use by hundreds of schools throughout North America who have significantly improved the effectiveness of their discipline referral process. Tricia is a proven “change agent,” possessing a powerful ability to challenge long held beliefs about troubled and troublesome students, and offers practical, proven strategies to effectively improve student behavior. Participants leave Tricia’s seminars equipped with new ways to devise compelling classroom procedures, teach students to be more responsible for their own learning behavior and improve relationships with students, creating a powerful classroom environment where students are both academically and socially successful.

Dear Colleague:

Nothing can undermine learning and classroom climate, not to mention teacher morale, more quickly than frequent disruptive behaviors. When they are recurring they can steal up to 50 percent of instructional time. Many teachers attempt to solve classroom discipline problems with rules and penalties, but these approaches do little to build the productive classroom environments that they seek. Fortunately, classroom disruptions can be eliminated. The solution rests primarily in preventing problems before they start, not merely trying to suppress the behavior. Using restorative strategies to teach, encourage or correct behavior can swiftly reduce disruptions. These research-based approaches ensure that procedures become routine. It’s time to stop trying to control students and instead build attitudes, behaviors and relationships that support learning and lead to permanent positive behavior change.

I have guided hundreds of schools across the country to create unique, positive climates and cultures where respect and responsibility flourish and students feel welcome, safe and secure. I have an unrelenting commitment to today’s youth, especially those who are troubled or troublesome by virtue of their behavior. I am also committed to helping schools utilize approaches that lead to the success of all students. Let me help you learn concrete strategies to create a well-disciplined classroom through a positive and proactive teaching approach I know really works.

I look forward to meeting you at the seminar.

Sincerely,

Tricia Wells

P.S. The process, practical strategies and proven protocols I will be sharing in this seminar are research-based and **have made a significant difference in hundreds of schools throughout North America.**

“It’s time to stop trying to control students and instead build attitudes, behaviors and relationships that support learning and lead to permanent positive behavior change.”

What Your Colleagues Say About Tricia Wells

“Excellent! It’s nice to attend a seminar devoted to the classroom teacher.”

– Emmet Reeb, Art Educator

“Tricia is very knowledgeable. I **learned a lot** of strategies I can use with my students.”

– Matt McConnell, Teacher

“Tricia does an amazing job! I learned so much and would love to come back and hear more. She presents many practical strategies.”

– Sarah Childs, Assistant Principal

“Tricia Wells presents **positive, thoughtful and research-supported strategies** for supporting students and staff when presented with disciplinary issues.”

– Matt Klarmann, Dean of Students

“I would **highly recommend** Tricia.”

– Janet McClouden, Vice Principal



About BER Seminars

Outstanding Instructors

All programs are led by outstanding, top-rated BER national trainers.

Extensive Digital Resource Handbook

You'll receive an extensive digital Resource Handbook full of practical strategies and resources. (For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.)

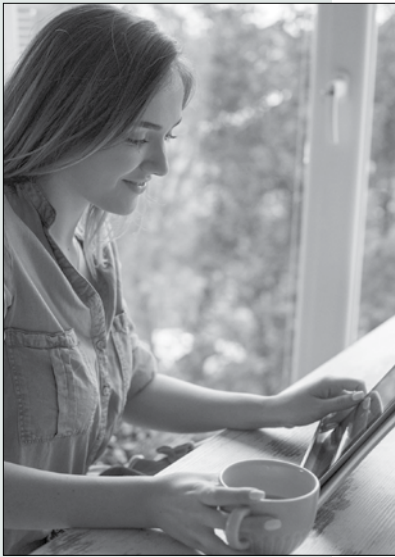
Highly Interactive

You'll be able to ask questions, consult with the instructor, and share ideas with other participants.

Program Guarantee

As we have for 45 years, we guarantee the high quality of our programs. If you are not satisfied, we'll give you a 100% refund.

Special Benefits of Attending



Great information!

FRANK VENEZIA, HIGH SCHOOL
ASSISTANT PRINCIPAL

On-Site Training

Most BER seminars can be brought to your school or district in-person or online. See the options at www.ber.org/onsite or call 877-857-8964 to speak to one of our On-Site Training Consultants.

Extensive Digital Resource Handbook

Each participant will receive an extensive digital resource handbook giving you access to countless strategies. The handbook includes:

- Strategies for transforming your discipline system to one based on restorative practices that foster learning and growth
- Effective verbal skills that decrease conflict, promote intellectual intelligence and communicate respect and caring
- Techniques for helping students replace negative attitudes with positive ones
- Clear steps on how to help students give up the victim stance and take personal responsibility for their choices and actions

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Share Ideas with Other Educators

This seminar provides a wonderful opportunity for participants to share ideas with other educators interested in enhancing the behavior and learning of their students.

Consultation Available

Tricia Wells will be available to answer your specific questions and the unique needs of your own program.

Meet Inservice Requirements / Earn State CEUs

Participants of In-Person Seminars, Live Online Seminars and those completing the Recorded Version online can receive a certificate of participation that may be used to verify five continuing education hours. For details about state CEUs available, visit www.ber.org/ceus

Earn One to Four Graduate Semester Credits



University of
Massachusetts
Global A nonprofit
affiliate

Up to four graduate level professional development credits are available with an additional fee and completion of follow up practicum activities. Details may be found at www.ber.org/credit

Can't Attend?

Other Professional Development Options:



Recorded Version of the Seminar

Order the recorded version of this seminar to take online at your convenience. You'll have access to the entire course and to the extensive digital resource handbook. To enroll, see registration form on page 7, and for optional CEUs and graduate credit, please visit www.ber.org/credit



Related On-Demand Online Courses

A related On Demand Video-Based Online Learning course, *Practical Strategies for Improving the Behavior of Attention-Seeking, Manipulative and Challenging Students*, for Grades 1-12, and *Restorative Discipline: Help Students Improve Their Behavior and Strengthen Their Learning*, for Grades K-12, and other discipline-related courses are available for immediate registration. To enroll, visit www.ber.org/online

RESTORATIVE DISCIPLINE:

Help Students Change Their Behavior and Improve Their Learning (Grades K-12)

Registration (DEW3W1)

- 1. **Dallas** (Arlington), TX – January 23, 2023
- 2. **Kansas City** (Blue Springs), MO – January 27, 2023
- 3. **Oklahoma City, OK** – January 24, 2023
- 4. **Tulsa, OK** – January 25, 2023
- 5. **Wichita, KS** – January 26, 2023
- 6. **LIVE ONLINE:** February 2, 2023 (Start time: 9 AM Central)
- 7. **LIVE ONLINE:** February 7, 2023 (Start time: 9 AM Eastern)
- or —
- 8. **I'd like to order the recorded version of this seminar**

FIRST NAME	M.I.	LAST NAME
POSITION, SUBJECT TAUGHT	GRADE LEVEL	
SEMINAR NUMBER: _____ (Please see list above)		

List additional registrants on a copy of this form

SCHOOL NAME	
SCHOOL MAILING ADDRESS	
CITY & STATE	ZIP CODE
SCHOOL PHONE NUMBER	HOME PHONE NUMBER
()	()

Registration confirmations and login details are sent via e-mail

E-MAIL ADDRESS (REQUIRED FOR EACH REGISTRANT)	
HOME MAILING ADDRESS	
CITY & STATE	ZIP CODE

IMPORTANT – PRIORITY ID CODE: EDEW3W1

METHOD OF PAYMENT – Team Discount Available

The registration fee is \$279 per person;

for teams of three or more registering at the same time, the fee is \$259 per person. **Payment is due prior to the program.** No cash, please.

- A check (payable to **Bureau of Education & Research**) is attached
 - A purchase order is attached, P.O. # _____
(Be sure to include priority ID code on the P.O.)
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(Found on back of card)
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Please print name as it appears on card Signature (required for credit card purchases)

FIVE EASY WAYS TO REGISTER:

- REGISTER ONLINE** at: www.ber.org
- EMAIL this form to:** register@ber.org
- PHONE toll-free:** **1-800-735-3503**
(Weekdays 5:30 am - 5:00 pm Pacific Time)
- FAX this form to:** **1-425-453-1134**
- MAIL this form to:** **Bureau of Education & Research**
915 118th Avenue SE • PO Box 96068
Bellevue, WA 98009-9668

Program Hours

- All **In-Person** Seminars are scheduled 8:30 AM – 3:15 PM
Check-in is 8:00 AM – 8:30 AM
- All **Live Online Seminars** are scheduled 9:00 AM – 3:30 PM in the time zone indicated. Check in 15 minutes prior. Registrants will be sent login information by email four days before their Live Online Seminar.

Fee

The registration fee is \$279 per person, \$259 per person for groups of three or more registering at the same time. Call us at 1-800-735-3503 for groups of ten or more. **Payment is due prior to the program.**

Fee includes seminar registration, a certificate of participation and an extensive digital resource handbook. The fee is the same for In-Person Seminars, Live Online Seminars or Recorded Seminars.

For in-person seminars, registrants will also receive a printed copy of the resource handbook as long as their registration is received in the BER office at least 15 calendar days before the event.

Cancellation/Substitutions

100% of your paid registration fee will be refunded if you can't attend and notify us at least 10 days before the seminar. Late cancellations made prior to the event date will be refunded less a \$15 service fee. Substitutions may be made at any time without charge.

Meeting Sites and Hotel Accommodations

Seminars will be held at the following sites:

- Dallas: La Quinta Inn & Suites - Arlington North, (817) 640-4142
- Kansas City: Drury Inn & Suites - Blue Springs, (816) 795-9393
- Oklahoma City: Wyndham Garden - Airport, (405) 685-4000
- Tulsa: Hilton Garden Inn Midtown, (918) 878-7777
- Wichita: Aloft Hotel, (316) 744-1100

If needed, please make your own hotel reservations by calling the appropriate hotel listed above.

Program Guarantee

We stand behind the high quality of our programs by providing the following unconditional guarantee: If you are not satisfied with this program, we'll give you a 100% refund of your registration fee.

Further Questions

Call the Bureau of Education & Research (800) 735-3503 or visit us online at www.ber.org. The Bureau is North America's leading presenter of PD training for professional educators. Programs are based on sound research, are highly practical in content and consistently receive excellent evaluations.

RESTORATIVE DISCIPLINE (K-12)



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An outstanding one-day In-Person Seminar or Live Online Seminar

Includes an extensive digital Resource Handbook

Can't Attend Live? Order the Recorded Version to access online at your convenience

RESTORATIVE DISCIPLINE (Grades K-12)

DEW3W1

**RESTORATIVE DISCIPLINE:
Help Students Change
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Bureau of Education & Research

**In-Person Seminar,
Live Online Seminar or
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Teacher-tested strategies to **build a more productive learning environment, create quality relationships, strengthen interpersonal skills, and promote high-quality instruction**

Innovative techniques for more effectively using a restorative mindset approach in the classroom